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SANIBEL & CAPTIVA ISLANDS, FLORIDA

FEBRUARY 5, 2016

FEBRUARY SUNRISE/SUNSET: 5 7:12 • 6:13 6 7:11 • 6:14 7 7:10 • 6:15 8 7:10 • 6:15 9 7:09 • 6:16 10 7:08 • 6:17 11 7:08 • 6:17



Willard Scott



Rabbi James Rudin

TV Celebrity And Local Rabbi To Reminisce About Their Hometown

On Tuesday, February 16 at 7 p.m. at St. Michael and All Angels Episcopal Church, two close friends will reminisce about growing up in their hometown of Alexandria, Virginia during in the 1940s and '50s.

They are Willard Scott, of Captiva, recently retired from the NBC-TV *Today Show*, and Rabbi James Rudin, senior inter-religious advisor of the American Jewish Committee and a nominee for this year's Pulitzer Prize in Biography.

Their program is titled *A Beloved NBC-TV Star and a Prominent Rabbi Walk into a Bar...*

The Rev. Dr. Ellen Sloan, rector of the church, will be the host. Admission is free, but contributions to a local charity will be accepted.

Scott and Rudin first met in elementary school when they were second graders and they have maintained a warm personal relationship that has lasted for 75 years.

The long ago Alexandria of their shared childhood with its rich history, culture, geography, people and memories has remained embedded in both men throughout the decades as they achieved success in their chosen professions.

As they like to say, "You can take the boy out of Alexandria, but you can never take Alexandria out of the boy."

St. Michael's is located at 2304 Periwinkle Way, Sanibel.*

Slash Pine Planted On Arbor Day



Third graders from The Sanibel School gather around principal Barbara Von Harten and vegetation committee member Berdena Thompson while planting a slash pine in the front parking lot of the school during Arbor Day festivities last Friday morning

photo by Jeff Lysiak

by Jeff Lysiak

On January 29, third graders from The Sanibel School celebrated Arbor Day with a 20-minute program filled with song and poetry, along with the traditional planting of a tree – a slash pine donated Marty Harritty and Doc Ford's restaurant – which was added to the school's front parking lot.

Following the welcome by sisters Grace and Faith Mitchell, the Pledge of Allegiance was led by Colton Sullivan and Ronan Maughan. Fellow students Lily Lockard and Athena Solberg read a historical perspective titled *What Is Arbor Day?* Following the singing of *How Does Your Garden Grow?* under the direction of music director Joey Giangreco,

continued on page 30

Film Depicts Island Life Before The Causeway

by Jeff Lysiak

Blending rare footage taken from vintage home movies shot between the 1930s and the 1960s with recently filmed interviews with long-time island residents, the new documentary *Sanibel Before The Causeway* will premiere on Wednesday, February 10 at The Community House.

Years before the Sanibel Causeway was completed in 1963, life on the island was far different from the hustle and bustle of today's tourism-driven economy. Mail was delivered by boat, automobiles arrived by ferry and the life beyond Sanibel's shores seemed like a world away.

"The foundation of the film is the old footage, but that was just the beginning," said Eric Pfeifer, who is collaborating with seven-time Emmy Award winning filmmaker David E. Carter to produce the documentary. "We have commentary on the film done by six people who lived here in those days when the only way to get here was by ferry – or by private airplane. We are very excited to bring this history of our island home to the people who live and visit here today."

Six long-time Sanibel residents will appear on screen in *Sanibel Before The Causeway*, sharing their memories from days gone by. They include:

- Mike Billheimer is a Sanibel native. His parents moved to the island in the mid-1950s,

continued on page 39

Community House Documentary To Debut Friday

by Jeff Lysiak

A documentary created by local filmmaker Rusty Farst focusing on the storied history of the 88-year-old Community House, which had been scheduled to debut last week at Island Cinema, has been rescheduled for this Friday, February 5 at The Community House, 2173 Periwinkle Way. The premiere screening of the film *The Sanibel Community House: Birthplace Of The City, Heartbeat Of Its People* will begin at 7 p.m.

Farst's 45-minute movie, subtitled *Our Story Of The Sanibel Community Association*, includes vintage footage of events held at The Community House – from shell fairs and square dances to memorial services and fundraisers – along with a recreation of Curtis Perry's famous walk across the islands, with John Houseman portraying the historic islander.

"Try to imagine what this community would look like if this building hadn't been built," said Farst. "Almost every organization on the island, from BIG ARTS to the fire department to the library and local Audubon Society, got their start here."

The Community House has hosted shell festivals and spaghetti dinners, miniature golf tournaments and pancake breakfasts as well as dances, concerts, fundraisers and community meetings too many to count.

continued on page 30

Save The Males

VALENTINE'S EVENT



Denny Wong



VALENTINE'S GIFT PACKAGE

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Looking Back:

Timmy's Nook



This week's image is a 1966 snapshot of Timmy's Nook. From 1950 to 1994 Timmy's Nook was a renowned gathering place frequented by natives and tourists alike. In 1994, with a new owner, Timmy's was rebuilt and became The Green Flash. The History Gallery was developed by the Captiva Island Historical Society. The gallery is accessed through the Captiva Memorial Library, located on Chapin Lane. It is open during library hours. The gallery features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island.

photo: archives of the Captiva Island Historical Society

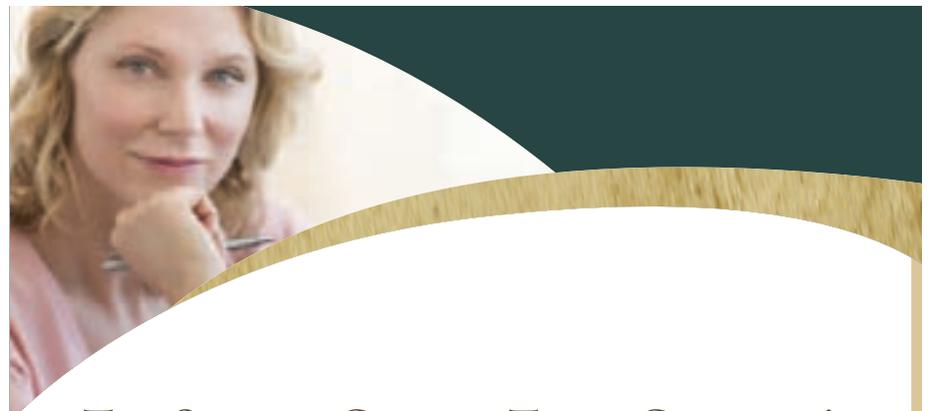
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Wednesday, March 9, 2016

COUNTDOWN TO AN ESTATE PLAN

Dr. Frederick W. Schaerf, *Neuropsychiatric Research Center of SWFL*
David F. Port, J.D., *The Naples Trust Company*

Memory loss can jeopardize the strength of an estate plan. Learn the warning signs and why it is vital to make trust and estate planning decisions promptly if memory health is in question.

Tuesday, April 5, 2016

DON'T GET CAUGHT IN THE DARK

F. Hood Craddock, CPA, *Director of Family Office Services,*
The Tampa Bay Trust Company

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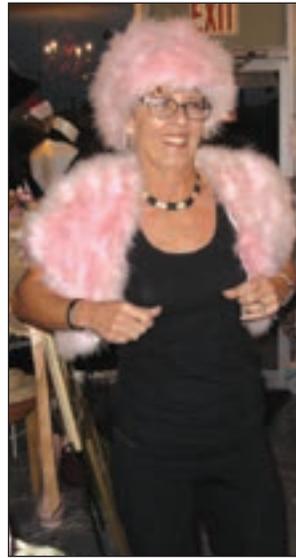


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Vintage Fashion Show And Luncheon



Salli Kirkland, portraying Julia Dickey, is pretty in pink



Emilie Alfino, portraying Daisy Mayer, is almost ready for the show



Calli Johnson, portraying Hallie Matthews, gives the outfit a thumbs up

Models for Vintage Fashion Show and Luncheon at The Community House on February 10 had fun dressing up at The Curiosity Shop in Fort Myers prior to the event.

For reservations and tickets: call the Sanibel Community Association at 472-2155. The show sponsor is Bailey's General Store.✪

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Advance tickets are now available for the Kiwanis Spaghetti Dinner on Saturday, February 27.

Kiwanis Spaghetti Dinner Tickets

submitted by Tom Sharbaugh

Get ready for pasta, meatballs and fun. One of the island's most anticipated events is the annual Kiwanis Spaghetti Dinner, which will be held this year on Saturday, February 27 at The Community House.

Tickets are now available from Bank of the Islands, Bailey's General Store, Periwinkle Park, Big Red Q Printing and from any Kiwanis member.

Admission is \$8 per person for those who purchase in advance or \$9 at the door. Children 10 and under are admitted free. For that price, you'll get all-you-can-eat pasta, meatballs, Kiwanis's secret spaghetti sauce, salad, bread and wine or soda. And following the feast you'll be able to rub elbows with everyone you know as you enjoy the action of the raffle tables, silent auction and a lively live auction.

Everyone loves the excitement of a

raffle drawing or an auction, especially when there are interesting items to be had. Regardless of what type of item gets you going, you are likely to find it there. Items are donated by a wide range of island merchants, artists, writers, restaurateurs, resorts and service companies. It's an island tradition that's been going on for well over 30 years.

Primary sponsors are Bank of the Islands, Sanibel Captiva Trust Company and Bailey's General Store. ✨

Captiva Community Meeting

The next meeting of the Captiva Community Panel will be at 9 a.m. on Tuesday, February 9 in the Cone Rooms at South Seas Island Resort, Captiva.

Those wishing to call in to hear the meeting may dial 877-603-2098, access code: 690183.

The Captiva Community Panel provides a public forum whereby Captiva property owners can present projects requiring variances and get feedback from and answer questions of the panel members and other Captiva neighbors attending the public meeting. The panel has no decision-making authority on variance requests but does advise Lee County as to the point of view of the panel and the point of view expressed by other interested Captivans attending the public

meeting at which the variance request was presented. ✨

Audubon 'Ding' Darling Bird Walk

The next Sanibel-Captiva Audubon bird walk will be held on Saturday, February 6 at the JN "Ding"

Darling National Wildlife Refuge on Sanibel. Participants will meet in the overflow parking lot (to the left as you drive in) at 8 a.m. These bird walks are open to the public and all levels of experience. Refuge fees will apply. The Duck Stamp and Federal Senior Pass are accepted.

Call Hugh Verry at 395-3798 for more details. ✨

Arts & Crafts Fair

Saturday, February 6
9am - 2pm



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Island Seniors At The Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Page Turners with Ann Rodman – If you are not on the Page Turners list, and wish to be, email annrodman@aol.com or contact the Center 4 Life.

The featured book for Wednesday, February 10 is *The Invention of Wings* by Sue Monk Kidd. "Exhilarating... powerful... By humanizing these formidable women, *The Invention of Wings* furthers our essential understanding of what has happened among us as Americans – and why it still matters." – *The Washington Post*.

Damaris Peters Pike Presents Off to Never Never Land with Mary Martin – Friday, February 19 at 1:30 p.m. Cost is a \$5 donation with proceeds benefitting the Island Seniors program.

From Weatherford, Texas, to *Never Land*, by the way of Broadway, this show takes a musical tour with stops for *One Touch of Venus*, *Sound of Music*, *South Pacific*, and *Peter Pan*. Damaris Peters Pike's Women of Note series began in 1988 and she continues to educate and entertain us all. Sign up at the center.

Games

Arts & Crafts Fair – Saturday, February 6, 9 a.m. to 2 p.m.

More than 40 local vendors will be selling their creative designs. There will

be pottery, shell designs, paintings, fabric art, jewelry, glass work, books, tropical plants, photography, wreaths, canned goods and plenty of other items. Sponsored by the Center 4 Life and Island Seniors, Inc. There will be a bargain priced hot dog lunch available.

Cost for all games is \$2.50 for members and \$5 for non-members. Prizes are awarded.

Bridge – Monday and Wednesday at 1 p.m.

Mahjongg – Thursday at 1 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes are awarded.

Hand & Foot – Thursday at 1 p.m.

Intermediate Bridge Lessons – Refresh your Bridge playing skills with Christl and Bruce Smith. Class is limited to 16 students. Cost is \$5 for members per class, \$10 for non-members per class. Advance registration is required.

• **Strong Opening Bids** – Monday, February 15, 9 to 11:30 a.m. The use of a 2 of clubs bid to indicate an opening hand of 22 or more points. Discussion items are: the Strong artificial 2 of clubs bid; bids by Responder; rebids by Opener; and the 2 NT bid.

• **Slam Bidding** – Wednesday, February 17, 9 to 11:30 a.m. Small and Grand Slam bidding requirements. Discussion items are: How high and where; the Blackwood convention; and the Gerber Convention.

Learn to Play Mahjongg with Katie Reid – 9:30 a.m. to 12:30 p.m., February 8 to 12. Cost is \$12.50 for members, \$25 for non-members. Class

is limited to eight students. You must be able to attend all five classes. All supplies are provided. Contact the center to reserve your seat.

Tuesday Kayaking – February 9, 11, 16 and 18 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a small snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

Fitness Classes

Classes are available and all ages are welcome. Island Seniors, Inc. members pay \$4 per class or visitors \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. This class keeps your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises and balance. Hand weights, stretch cords and your body weight will be used. Class begins with a joke and ends with a positive thought for the day. Athletic footwear required. Silvia Villanueva is the instructor.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 a.m. and 11 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear required. Mahnaz

Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to Gentle Yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by 2401 Library Way.*

Ash Wednesday Service

On Wednesday, February 10 at 6:30 p.m. all are welcome to the Ash Wednesday service in the main sanctuary of Sanibel Community Church. The LOGOS children will sing, there will be a short video explaining Lent, and some time for reflection before the ashes are dispersed.

Sanibel Community Church is located at 1740 Periwinkle Way. For more information call 472-2684 or visit at www.sanibelchurch.com.*

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Pastor Leads Study Of Colossians

Dr. Daryl Donovan, senior pastor of Sanibel Community Church, will be leading a verse by verse study of the Apostle Paul's letter to the Colossians beginning Thursday, February 11 at noon. From prison in Rome, near the end of his life, Paul writes this letter that stands eternally relevant even for our day, according to Donovan.

This lunch-hour study is from 1noon to 1 p.m. in the church sanctuary, with a grab-n-go lunch special available at the Carpenter's Café on the church campus, or participants can bring a brown bag lunch. All are welcome.

Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's market). For more information call 472-2684 or visit www.sanibelchurch.com ✨

Labyrinth Workshop At St. Michael's

St. Michael and All Angels Episcopal Church invites islanders to a Labyrinth Workshop led by world famous labyrinth expert Zara Renander from 9 a.m. to noon on Saturday, February 13 on the church grounds, 2304 Periwinkle Way on Sanibel. ✨

CONGRATULATIONS



Pvt. Christopher R. Arundel

Congratulations to United States Marine Corps Pvt. Christopher R. Arundel, who graduated January 22, 2016, Platoon 2004, Fox Company Recruit Training Battalion, Parris Island, South Carolina.

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Love,
Mom, Dad, Daniel and Phillip. ✨

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The Community House



Rev. John Danner



Mary Romulus

Featured Chefs

Two of the individuals taking part in Cooking with the Islands' Stars at The Community House, scheduled for Wednesday, February 24, are:

- Rev. Dr. John H. Danner, senior pastor of the Sanibel Congregational United Church of Christ, took interest in cooking at a very young age. "I am one of four children. Three boys and a girl," he said. "And my mother was determined that all of us would leave her home knowing how to cook. I can remember decorating Christmas cookies, peeling carrots, shaping hamburgers and creating whole meals for the family under Mom's watchful eye. In fact, I'll be cooking a recipe she shared with me when I was only 10."

- Mary Romulus, who has been a dental hygienist at Island Dental on Periwinkle Way since 2001, originally hails from Boston. She comes from a large Italian family that was raised with love, food and humor.

This event holds special meaning to Romulus because she lost her mother to cancer on New Year's Day. Romulus' mother handed down her recipes and love for people, both of which she

believed made the kitchen the heart of the home.

Romulus will prepare her family recipe for beef braciolo, which is her father's favorite dish. Romulus will be assisted by her son, Daniel, 10, and her best friend, Debra Lee Nashed.

The public will have the opportunity to vote for their favorite chef by donating money to help them win a television segment on *Real Food Real Kitchens*.

Tickets are \$100 for assigned seating and \$150 for front row tasting seats. There are only a few front row seats left. The tickets can be purchased at www.brownpapertickets.com/event/2491221.

Wood Painting

Art instructor Jenny M. Licht will show you how to paint a sea turtle on a wooden tray on Monday, February 8 from 6 to 9 p.m. All materials are provided. Cost for members is \$60, guests are \$70. Pre-payment and registration required. Call 472-2155. Cancellation fees may apply. Minimum number of students required.

Fashion Show

See historic fashions and hear anecdotes about the women who were part of the formation of The Community House on Wednesday, February 10, beginning at noon.

Cost for members is \$35 including lunch, guests are \$40; \$20 show only. Pre-payment and registration required. Pre-payment due by Friday, February 5 for lunch. Call 472-2155. Cancellation fees may apply.

The nonprofit partner is Sanibel Historical Museum & Village.

Love Your iPhone/iPad

The course covers set-up, navigation, use of the Cloud, exploration of high value apps and how to utilize Siri. Cost is \$40 for members and \$45 for non-members.

Classes are from 9:30 to 11 a.m. with an hour open for questions. Beginner classes are on Thursdays: February 11 and April 7. The intermediate class is on Thursday, March 10. Update your iPhone's operating system to the most recent iOS option prior to class.

Nutrition For Your Health

Instructor is Pamela B. Sullivan, RDN. Cost per session is \$10 for members, \$15 for guests.

Sullivan is a graduate of Cornell University with a degree in food and nutrition.

Sessions are:

- Super Greens – Thursday, February 11, 1 to 2 p.m. Learn the nutrition facts and health benefits of vegetables in your diet and preparation techniques to make greens a ritual in your menu planning.

- Healthful Snacking – Thursday, February 25, 1 to 2 p.m. Improve the nutritional value of your snacks with recipes featuring healthy ingredients.

- Anti-Inflammatory Foods – Thursday, March 10, 1 to 2 p.m. Discover foods with anti-inflammatory properties, their nutrition and health benefits, and how to include them in your meals.

Paper Crafts

Create unique and special greeting cards to share with friends and family. Carol Morris will introduce you to your creative side. At each workshop, a variety of greeting cards will be made for all occasions, special events and holidays.

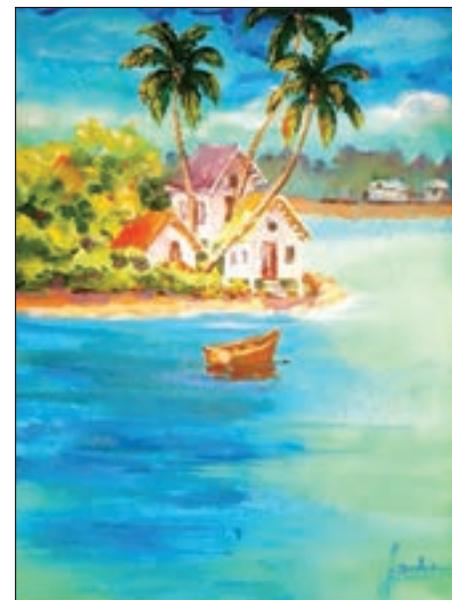
Various techniques will be shared including stamping, embossing, cutting, creative folding and embellishing. Workshop fee includes all supplies. Class dates are Tuesdays: February 16 and March 15 from 9:30 a.m. to 12:30 p.m. Fee for members is \$25 and \$35 for guests. Pre-payment is required.

Chalk Painting

Learn how to chalk paint with Carla. All materials provided. You can bring in your own piece from home but you must be able to carry it inside. The class will be held from 6 to 9 p.m. Tuesday, February 16 and March 22. Cost is \$70 for members, \$75 for guests. Pre-payment and registration are required. Cancellation fees may apply. Minimum number of students required.

Colorful Sips

Evening art and wine parties with local artist Sissi Janku are designed to encourage the artist within to complete a masterpiece. Member price is \$45, non-members, \$55. Classes will be held on the



Three Cottages

following Wednesdays from 7 to 9 p.m.: February 17, March 16, April 6 and April 20. No experience necessary. All materials provided. Bring your favorite wine and a snack for sharing.

Cooking Workshop

Help Myra Roberts raise money for her Cooking with the Islands' Stars competition. The Sanibel Sprout at Bailey's Center is hosting the evening on Wednesday, February 17 from 7 to 9 p.m. Tickets are \$80 with all proceeds benefitting The Community House new kitchen renovation. Tickets are on sale at The Sanibel Sprout, 2463 Periwinkle Way or at The Community House, 2173 Periwinkle Way.

Frank & Dean Tribute Show

The Community House will host a tribute show and dance in honor of Frank Sinatra's recent 100th birthday on Saturday, February 20 from 5:30 to 10:30 p.m. There will be a catered dinner by Webster's along with cocktails and appetizers. Tickets are \$75 per person, alcoholic beverages by donation. Sponsorships are still available.

Shell Crafters

If you are interested in learning a new craft, join the Sanibel Shell Crafters. No experience is necessary. Lessons are free, all materials are provided but donations of shells are appreciated.

The group meets every Monday from 10 a.m. to noon (no classes in March). Dessert and coffee are provided, but bring a brown-bag lunch if you choose, as the regulars meet until 3 p.m.

All shell crafts made by volunteers are sold at the Sanibel Shell Festival in March to raise funds for operations.

The Community House is located at 2173 Periwinkle Way. For information and reservations, visit www.sanibelcommunityhouse.net or call 472-2155.✧



SUPPORT OUR COMMUNITY HOUSE

<http://sanibelcommunityhouse.net/renovation-campaign/>

Can you imagine the
community
without
The Community House?



"The Sanibel Community House is an iconic historic landmark, second only to the Sanibel Lighthouse, and Sanibel would be a very different place without it. It was where islanders met to decide the future of Sanibel (incorporation) and created most of the civic and environmental entities that define us today. It's time to preserve and better this landmark to remind us of who we are, how far we've come and for the continued use of future generations."

*Deb Gleason,
Sanibel Historical Preservation Chair & Realtor at VIP Realty Group*



The Community House

Sanibel's Reality Cooking Show

Wednesday, February 24, 6 pm

\$100 Each General Admission

\$150 VIP Front Row & Tasting

- *5 Family Chefs share the history, recipes & preparation of their signature dish
- *2 Radio Personality Masters of Ceremony: Bennett & Birch
- *3 Celebrity Judges: Melissa Talmage, Craig Chapman & Marla Cohen
- *2 Awards presented: Most Donations TV Segment
Judges Choice Magazine Feature



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	<input type="checkbox"/> \$20	<input type="checkbox"/> \$40	<input type="checkbox"/> \$50	<input type="checkbox"/> \$100	<input type="checkbox"/> \$200	<input type="checkbox"/> \$_____

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Cooking with the Islands' Stars
 Wednesday, February 24th, 2016
 Starting at 6pm
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 (239) 472-2155
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What's Happening At The House In 2016

Events

Historic Documentary Film

Friday, February 5 7:30 pm

The Community House-

Birthplace of a City, Heartbeat of its People

Historical Fashion Show & Lunch

Wed. Feb 10 Noon

Nutrition

"Super Greens"

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Rat Pack Tribute Dinner Club And Dance

Sat., Feb 20 \$75 /person

Webster's Catering

Cooking With The Island Stars

Wed., Feb 24 6 pm \$100

Programs

Carla's Color Club

Tues., Feb 16 6-9 pm

Bridge Lessons and Sanctioned

Duplicate Bridge Tues/Thurs

Shell Crafting

Lesson Mondays 10 a.m.

Crafts on Sale until 3 pm

Notecard Craft

Tues. Feb 16

9:30 am -12:30 pm

iPad/iPhone

Thursday, Feb. 11

\$40 Members/\$45 Guests

Sea Turtle Tray

Mon. Feb. 8 6:30-9:30 pm

Sissi's Colorful Sips

Wed., Feb. 17 7pm

Yoga

Mon., Thurs 8:30 am

*other dates/times available see website

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Firefighter Facing Long Road To Recovery

by Jeff Lysiak

The Sanibel community is showing its appreciation for one of the city's most important entities through an outpouring of support for a firefighter now facing a long road to recovery.

Carl Johanson, a member of the Sanibel Fire & Rescue District (SFRD) for the past four years, was critically injured on January 24 when his vehicle was struck head-on in an accident along the Sanibel Causeway. Johanson was left pinned inside his vehicle with multiple injuries, including broken bones and internal bleeding. He was airlifted to Lee Memorial Hospital where, following several surgeries, he remains in the intensive care unit.

According to the Lee County Sheriff's Office accident report, the driver of the other vehicle – a 17-year-old from Fort Myers – had crossed the double-yellow center line and collided with Johanson's vehicle at 7:25 a.m. along the causeway's C span. The teenager, who wasn't injured, was issued a citation for careless driving.

Word about Johanson's devastating injury spread quickly throughout the island community. Several of his fellow Sanibel firefighters – including Rob Popkin and Tim Barrett – have personally spoken with Johanson as he recovers in the hospital. Both reported that their co-worker, who is facing a conservative four-to-six-month recovery and rehabilitation prognosis, is in excellent spirits.

"I think his biggest concern right now is how he's gonna close the gap between his recovery and getting back to work," said Popkin, who noted that Johanson was told to not put any weight on his left leg for a minimum of 10 weeks. "If I know Carl, he's going to do anything to get back to work as quickly as possible."

Two days after the accident, one of



Carl Johanson's automobile was a total loss

photos courtesy of SFRD



Results of the January 24 two-car crash on the Sanibel Causeway

Johanson's co-workers – firefighter/EMT Edward Zarick – launched a GoFundMe campaign to assist in the fallen first responder's recovery. While insurance will absorb the injured firefighter's medical bills, Johanson's automobile was a total loss, leaving him responsible to replace it.

"He was just heading to work on a Sunday morning, and this happens to him," said Barrett, who added that Johanson – who spotted the oncoming vehicle crossing the causeway's center line – had pulled his vehicle closer to his side of the roadway in an attempt to avoid a collision.

"Carl has been wanting a more reliable vehicle since I have known him, but was unable to get one," added Zarick. "Now

that his vehicle is totaled, he is unable to get a vehicle... period."

Zarick launched the GoFundMe campaign in support of Johanson, which after only six days had accumulated \$10,928 (as of February 2) from 116 people. The ultimate goal of the campaign has been set at \$15,000.

"The campaign has been more than a success and has blown away our expectations," Zarick posted on Sunday. "With this amount, we will be able to put Carl in a safe, reliable and larger vehicle."

Married and with a young son, the 55-year-old Johanson knows nothing about the fundraising campaign – which is precisely what his fellow Sanibel firefighters want.

continued on page 12



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Bat Yam Temple Toasts 25 Years



Last Thursday evening at The Sanctuary, Bat Yam Temple of the Islands celebrated its 25th anniversary with a festive celebration. Attending the party were, seated from left, Ann Arnoff, Dorothy Renfro and Edina Lessack; standing from left, Alan Lessack, Linda Edinburg and Douglas Renfro. photos by Jeff Lysick



Phil and Carol Scheiber with Sally and Allan Sacks



Martin Pokedoff and Shirley Frank with Edina and Alan Lessack



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OBITUARY



JOHN D. FOSKETT

John D. Foskett, a businessman who built a small Florida company into a national manufacturer of aluminum home building products, died of cardiac failure at his home on Sanibel on Friday, January 29, 2016. He was 96.

Over his career, Foskett distinguished himself for ethical leadership, common sense solutions to complex problems and a business philosophy that prized personal relationships above expediency.

He brought the same principles to his personal and civic life. Foskett's even

temper and natural gift for connecting with people, regardless of background, often led community members to call on him to help resolve thorny local issues.

From 1946 until his retirement in 1984, Foskett grew the Metal Products Corporation in Miami into Nichols-Homesfield, an aluminum manufacturer of screens, fencing and other building materials with national distribution and operations in the United States and Canada.

Foskett was the first Floridian to become a member of the Young Presidents Organization, launched in 1950 as a business development organization for CEOs under the age of 50, and was its ninth president.

Born in Logansport, Indiana in 1919, Foskett moved to West Palm Beach, Florida with his parents, Walter and Bertha Foskett, as a child. He attended Phillips Andover Academy in Andover, Massachusetts and matriculated to Yale College in 1937.

During his senior year at Yale, he enlisted in the U.S. Army and was assigned to the mule artillery division at Fort Bragg, North Carolina. He was transferred to the Army Air Corps and ultimately rose to the rank of major, serving in the Pacific theater during the war. In 1945, Foskett was among the first U.S. servicemen in Japan following the bombing of Hiroshima and Nagasaki and facilitated the surrender of Japanese officers to the U.S. military.

Following the war, he returned to Yale to complete his bachelor's degree in U.S. history, and began his business

career in Florida at Metal Products Corp., which later did business under the names American Screen Products Co. and Homesfield.

The company under Foskett's leadership shifted from steel to aluminum screen manufacturing and supplied the U.S. military with parts for bomb fuses during the Korean War.

At its peak, Homesfield employed more than 1,000 people with annual sales of \$100 million.

Foskett married Jean Ann Clarke of West Palm Beach in 1942 and the family moved to Hinsdale, Illinois in 1956 when Foskett relocated Homesfield's corporate offices to the Midwest.

Foskett's first marriage ended in divorce and in 1962 he married Margaret Hughes, an artist, and they resided in Geneva, Illinois.

After his retirement, Foskett remained active in community affairs, dividing his time between his residence on Sanibel and a summer home in Camden, Maine, where he pursued his passion for boating and tennis.

An experienced seaman, Foskett piloted his Penobscot fishing trawler, *Chantey*, from Maine to Nova Scotia and made several round-trip journeys to Florida along the Intracoastal Waterway.

Foskett's sister, Marianne Schmidt, predeceased him in 2005, and his wife, Maggie, died in December 2014.

He is survived by his four children; Chip Foskett of North Fort Myers, Lynn Pierson of Tarpon Springs, Kate O'Neill of Dayton, Maine, and Kenneth Hughes Foskett of Decatur, Georgia; five grand-

children and six great-grandchildren.

Foskett's family will hold a celebration of his life this summer in Camden.*

From page 10

Firefighters' Road To Recovery



Sanibel firefighter Carl Johanson, seen here during extraction training last year, was severely injured in an automobile accident on January 24

photo by Jeff Lysiak

"When he gets home, we want to surprise the crap out of him," added Popkin.

"We want to hand him the keys to his new car and say, 'Here 'ya go, Carl!'"

To make a contribution to the Carl Johanson recovery fund, visit www.gofundme.com/6ffhs67u.*

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**The Blue Dirt Dixieland Jazz Band
Sanibel Church
To Hold Mardi
Gras Services**

Members of the Sanibel Congregational United Church of Christ invite residents and visitors alike to join them on the last Sunday before the Lenten season with two special celebrative services in the spirit of Mardi Gras. The services will be held at 9 and 11 a.m. on Sunday, February 7. Both services will feature the Blue Dirt Dixieland Jazz Band as well as balloons and beads!

"I just love this service," noted Senior Pastor John Danner. "It is such a vibrant celebration of God's good world!"

In many parts of the world, the days or weeks before Ash Wednesday, the start of Lent, are observed as festive times, most notably in New Orleans where Mardi Gras (Fat Tuesday) is marked by parades and parties. This year Ash Wednesday falls on February 10. The church will mark that important day with a worship service complete with ashes. But before the days of fasting, the feasting and celebration of Mardi Gras.

Mardi Gras was a time for cleaning out all the fats before the Lenten time of fasting. Hence the name, Fat Tuesday.

The Blue Dirt Dixieland Jazz Band is a traditional New Orleans-style band made up of musicians from Southwest Florida. The players make up a traditional Dixieland band, complete with trumpet, tuba, trombone, banjo, drums, reeds and piano.

"We play up-beat, feel-good" music," said tuba player Dave Thorton. "We like one another; we like to play together."

The band's name comes from a term used for especially fine soil in the Deep

South, said to be so palatable that it is sometimes eaten like candy.

The public is invited to attend either service.

For further information, visit www.sanibelucc.org, or call the church office at 472-0497.*

**Island Cotillion
Valentine's Dance**

On Wednesday, February 10, The Island Cotillion will hold its 30th annual Valentine's Day dance at The Sanctuary Golf Club.

This formal dance will be hosted by Julie and Corky Boyd and Pat Jones

and Bruce Noble, with Patsy & Hubie Whitaker as the Steering Committee representatives.

The entertainment will be provided by The Whitehouse Trio that is comprised of members from the Southwest Florida Whitehouse Band. The musicians are Karky Karkalits on keyboard, Dave Radford on drums with Tina Church as the lead vocalist. The band plays a variety of dinner and dance music from the '50s to the present day and has been playing together for over a decade.

The next dance of the season will be the Cotillion's annual theme dance which will be Guys & Dolls and will be held on Wednesday, April 6 at The Sanctuary Golf Club, with entertainment being provided by the Perry Fotos Band.

The Island Cotillion was founded in 1986 for the purpose of organizing and supporting several formal and informal dinner dances. Persons desiring more information about membership are encouraged to contact either Andrea Gainer at 395-3184 or Julie Boyd at 395-0464.*

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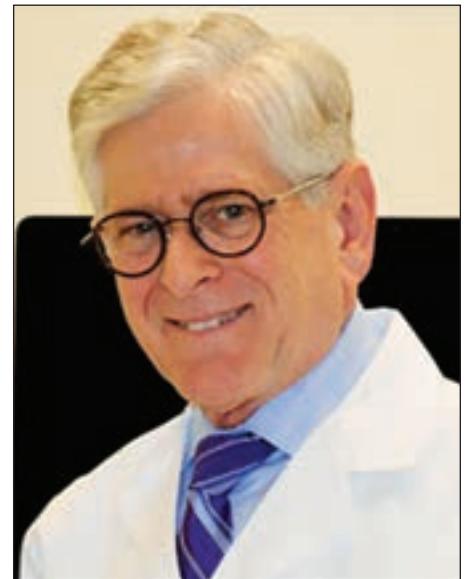
St. Michael and All Angels Episcopal Church invites the community to a Healing Workshop, to be held in the Church's Parish Hall, 2304 Periwinkle Way, from 8:30 a.m. to 2 p.m. on Saturday, February 6. St. Michael's is especially pleased to host this event, which helps participants combine medical health practices with spiritual healing and wellness.

The workshop is led by Dr. Hal Wiley, a practicing physician and spiritual healer who describes his presentation as Finding God Among Life's Contradictions and Our Culture's Opposites: Is Scientific Medicine Compatible with a Christian Healing Ministry?

Dr. Wiley has spent two decades as lecturer, board member and officer in the Order of St. Luke School of Pastoral Care, founded in 1958 by Agnes Sanford. For three years he was board chair of the Franciscan Center in Tampa, and he currently serves on the Diocesan Council of the Episcopal Diocese of Southwest Florida. He has led numerous retreats nationally and internationally. In private medical practice for over 30 years, he has been on the faculty of two medical schools, won a national research award and was for two decades national spokesperson for the National Skin Cancer Foundation.

The workshop, which is free and open to the public, consists of morning and afternoon presentations by Dr. Wiley. The event also includes refreshments in the morning and a light lunch.

To inquire about special events at St. Michael and All Angels Episcopal Church, contact Rector Ellen Sloan at 472-2173 or visit saintmichaels-sanibel.org.



Dr. Hal Wiley

Dr. Levering To Discuss Buddhism

The Unitarian Universalist of the Islands' congregation announced that Dr. Miriam Levering will lead a discussion on Buddhism at the Unitarian Service on Sunday, February 7. The service, which will begin at 5 p.m., will meet in Fellowship Hall at the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. The public is welcome to attend. The title of the talk is Got Buddha? If Meditation Is All You Are Doing, Do More.



Dr Miriam Levering

One form of Buddhist meditation, Mindfulness Meditation, is widely practiced in the West. It helps many people to be more peaceful and effective. But meditation, of which there are many Buddhist varieties, is but one part of the three-fold practice taught by the Buddha. All three parts are indispensable. In this talk, Dr. Levering will describe what's involved in the other parts, how we can practice their essence, and how embracing all three parts of the Buddha's path can help us to see reality clearly and to act compassionately.

A graduate of Wellesley College and Harvard University in the Comparative History of Religions, Dr. Miriam Levering is Professor Emerita at the University of Tennessee's main campus in Knoxville,

Tennessee. She has also taught at Bates College, Oberlin College, McGill University, the London School of Oriental and African Studies and the distinguished Jesuit Sophia (Jochi) University in Tokyo. She is editor of *Rethinking Scripture: Essays from a Comparative Perspective*, a groundbreaking book about how sacred texts are valued and used in the world's religions, as well as dozens of scholarly articles on Chinese and Japanese Buddhism, women in Buddhism, Buddhist monasticism, the Lotus Sutra and the development and transmission of Zen Buddhism in East Asia.

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• **Inyoni Organic Farms** — February 12 (\$65)
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SCCF Open House — President's Day, Feb. 15

Explore Nature Center exhibits, live tanks of marine critters collected by the Marine Lab, the Nature Sounds Contest. 11 a.m. - 1 p.m. Free.

Caloosahatchee Oxbow & Riverlore Cruise — Feb. 14

Come with us to experience the historic meanders of the upriver Caloosahatchee on this 2.5-hour cruise guided by Rae Ann Wessel. Departs at 1 p.m. from the W.P. Franklin Lock & Dam Park off SR 80 in Olga. Advance reservations and payment required. \$45 per person. Call 472-2329. February 14 & 28

Coyote and Bear Tales — February 10

Coyotes and a Florida black bear have been documented on the island; the black bear was relocated to northern Florida. Come and learn about the behaviors of these two new species. Coyotes have now moved into every county in Florida. Both human and bear populations are growing in Florida. Eighty percent of a bear's diet comes from insects and fruits. Wednesday, February 10 at 10 a.m. \$5 adults.

Turtle Tracks — February 11

Sanibel Island had one of the first sea turtle monitoring programs in the country. Learn about the life cycles and habits of the sea turtles and shorebirds that nest on our beaches, SCCF's monitoring activities, and what we are doing to protect them. Thursday, February 11 at 10 a.m. \$5 adults.



Guided Walking Tours... Call 472-2329 for more info

Lighthouse Beach, Bay & Birds — Feb. 10 at 8 a.m.

*Wildflower & Pollinator Walk at Bailey Homestead — Feb. 9 @ 11 am

Weeds, Seeds & Birds at the Preserves — Feb. 8 at 9 a.m.

(Weeds, Seeds & Birds meets on the Nature Center Porch)

Trail Walks at the Nature Center — Tuesday - Friday at 11 a.m.

*advanced reservation required, call 472-2329

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Butterfly House — Guided tour Tuesdays 10 a.m.; also self-guided.

Nature Center — live turtles, snakes, videos, 4 miles of walking trails with an observation tower. \$5 adults

Guided Trail Walks — Tues-Fri, 11 a.m. 4 miles of trails to explore \$5 adults

The Shipley Trail — Located on the Bailey Homestead Preserve, it connects the City of Sanibel's Pond Apple Park Trail (beginning at the Chamber) to Roadside City Park on Periwinkle. Please note that the Bailey Homestead is still undergoing site work and will open to the public soon.

SCCF's Native Landscapes & Garden Center

Come visit our Native Landscapes & Garden Center at their new location at the Bailey Homestead Preserve, 1300 Periwinkle Way. The larger space now offers demonstration gardens of different island habitats. Hours: 8:30 a.m. - 5 p.m. Mon.-Fri. and 10 a.m. - 3 p.m. on Sat.

The old Nursery at the Nature Center is closed.

Sanibel-Captiva Conservation Foundation

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Garden Center: Open Mon-Fri 8:30 a.m.-5 p.m.; Sat 10 a.m.-3 p.m.

SCCF: (239) 472-2329 Garden Center: 472-1932 www.sccf.org

CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at rrainbolt@crowclinic.org or 472-3644 ext. 228 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

Friday, February 5, 11 a.m. adults \$7, teens \$5, 12 and under no charge — Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. Live animal encounter following presentation.

Friday, February 5, 2 to 3:30 p.m., \$20 per person, advance registration required — Wildlife Walk with Rehabilitators and staff.

Southwest Florida is filled with fascinating wildlife, and CROW provides a unique opportunity to look into wildlife rehabilitation and meet the staff responsible for their care. The program has two parts: an introductory presentation covering our medical and rehabilitation methods and then a guided tour through treatment areas of the hospital, concluding on our rehabilitation grounds. Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador

Saturday, February 6, 11 a.m., adults \$7, teens \$5, 12 and under no charge — Baby Care at CROW, presented by a CROW volunteer.

Wildlife parents are devoted to the care of their young and rarely abandon them, and juveniles found "abandoned" might actually be in a natural stage of development. Those needing assistance are placed in a specialized wing of the wildlife hospital and are provided supportive care around the clock until they are old enough to care for themselves.

Saturday, February 6, 2 p.m., adults \$7, teens \$5, 12 and under no charge — Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they

work their magic. Live animal encounter following presentation.

Monday, February 8, 11 a.m., adults \$7, teens \$5, 12 and under no charge — CROW Case of the Week, presented by a CROW student.

CROW is able to treat 3,500 animals annually with the assistance of its students, who become experienced wildlife care professionals at the teaching hospital. During this program, students dive into the world of conservation medicine and wildlife rehabilitation while discussing exciting patient stories and personal victories.

Saturday, February 6, 2 p.m., adults \$7, teens \$5, 12 and under no charge — Wild About Rehabilitation, presented by CROW staff.

Saturday, February 6, 4:15 p.m., adults \$7, teens \$5, 12 and under no charge — Speaker Series: Wildlife on the Great Calusa Blueway.

Tuesday, February 9, 11 a.m., adults \$7, teens \$5, 12 and under no charge — CROW Case of the Week, presented by a CROW student.

Tuesday, February 9, 2 to 3:30 p.m., \$20 per person, advance registration required — Wildlife Walk with Rehabilitators and Staff.

Wednesday, February 10, 11 a.m., adults \$7, teens \$5, 12 and under no charge — Wildlife Rescue 101, presented by a CROW volunteer.

This presentation uses past case studies, rescues and releases to teach you about safe interactions with wildlife in the community.

Wednesday, February 10, 2 to 3:30 p.m., \$20 per person, advance registration required — Wildlife Walk with Rehabilitators and Staff.

Thursday, February 11, 11 a.m., adults \$7, teens \$5, 12 and under no charge — Patient Profiles: Gopher Tortoises, presented by a CROW volunteer.

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from Southern Georgia to Southeast Florida. Because of its contributions to the ecosystem, it is classified as a "Keystone Species." CROW's presenter will explain why they are admitted how the medical staff treats this species.

Thursday, February 10, 12 to 1:30 p.m., \$30 per person, advance registration required — Lunch and Learn with Dr. Barron.

During this program, Dr. Heather Barron describes the role in supporting the interconnectedness of human health, animal health and environmental health. Reservations include a boxed lunch catered by the Sanibel Deli and concludes with a tour of CROW's hospital and rehabilitation grounds. Photography opportunity following the tour with an animal ambassador

Thursday, February 10, 2 p.m., adults \$7, teens \$5, 12 and under no charge — Wildlife Rescue 101, presented by a CROW volunteer.*

Our email address is press@islandsunnews.com

OBITUARY



JAMES V. GATTO

James V. Gatto (Jim) passed away peacefully at Hope Hospice with his beloved wife, Bess, of 69 years at his bedside on January 16. She sang to him in his final moments. Besides Bess, he is survived by three children, Linda Gibney (spouse, Bill) of Sanibel and Rye, New Hampshire; James V. Gatto (spouse, Sharon) of Lakeway, Texas; and Christine Toscano (spouse, Joseph) of Huntington, New York. He had six grandchildren, James L. Gatto, Stefanie Clegg (spouse Michael), Kimberly Gibney, Will Gibney, Lori and Joseph Toscano. He also loved dearly his eight great grandchildren. He also leaves his younger brother, Samuel

Gatto of Marlboro, New York. Gatto was born in Heilwood, Pennsylvania on October 2, 1923, to Salvatore and Theresa Gatto. As a young boy, with seven brothers and four sisters, they moved to Huntington. Gatto joined the navy right out of high school and was assigned to the Naval Air Corps. He was an aviation radioman during World War II overseas. He was awarded the Distinguished Flying Cross and four air medals. After leaving the navy, Gatto started a band and played guitar with Bess as singer. He also taught guitar to many young students. Gatto worked in the aircraft industry, with the majority of his career as a configuration analyst, for Grumman Aircraft in Bethpage, New York. In his retirement years, Jim and Bess brought their music to nursing

homes and children's centers in Fort Myers and Wolfeboro, New Hampshire. Most recently Gatto and his wife lived on Sanibel. Through Jim's life he was a member of American Legion, VFW and II Caregivers of Wolfeboro. His quick wit and his ready smile will be missed. There will be a celebration of Gatto's life on February 26 at 11 a.m. at St. Isabel Catholic Church on Sanibel.*

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Crazy January Weather



by Capt. Matt Mitchell

More cold weather along with two major rain days finally finished out the strangest January weather ever. Plummeting water temperatures along with the 12

inches plus of record rainfall for the month made for some of the tougher fishing conditions we have experienced in quite some time. This unusual weather caused lots of cancelled and rescheduled trips during a month that is generally very predictable and always a really busy time.

We now are finally in a warming trend and things on the water should start to get back to normal very quickly. I'm just happy an extremely unpredictable January is in the history books.

During the coldest mornings this week I recorded water temperatures in the sound at 56 degrees. Even despite this extreme cold and low expectations for the day's fishing, I still managed to keep clients smiling by catching lots of sheepshead and even a few redfish while tucked away and staying comfortable in the way back sheltered creeks. As conditions slowly improved and the water temperature crept back into the low 60s, fishing got better with trout, jacks and ladyfish finally coming back to life in the deeper mangrove channels.

As expected, afternoons during the coldest days were the more productive time slots. Even a few degrees warmer water temperature made things better.

Winds laid down by the weekend and anglers finally caught a much-needed break, giving us options to venture further from home.

Open water flats from Regla to Mason Island held lots of trout for the first time in weeks. I took advantage of the calm conditions and made the run up to Redfish Pass to give the sheepshead fishing a go. While waiting in the pass for the tide to switch, Pam Murray caught a nice permit on a



Pam Murray with the permit she caught and released while targeting sheepshead at Redfish Pass

Send Us Your Fish Tales

The *Island Sun* would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *Island Sun*, 1640 Periwinkle Way, Suite 2, Sanibel, or email to press@islandsunnews.com; or call 395-1213.

chunk of shrimp fished on a jig head. Once the tide turned and started to come back in, we got tucked in tight to a favorite dock and were rewarded with some of the larger sheepshead I have seen so far this winter.

After what seems like weeks of having to fish with shrimp, I'm so ready

for the shiners to reappear and our fishing to get back to normal. For the last few winters we never went more than just a few days without having a livewell full of shiners to take to aggressively feeding snook. This January has been very different than most. Luckily though, even with the prolonged low morning temperatures we have not experienced a cold water snook kill. Strong northwest winds did blow some dead fish from red tide areas in the gulf up on the beaches, but I have not seen any effects of red tide in the sound.

Just when things started to get better, we unfortunately are dealing with water releases again from Lake O, so finding clear water has been a little tough too. As anglers, we are a resilient group.

*Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.**

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CROW Case Of The Week:

Laughing Gull

by Patricia Molloy



The appropriately named laughing gull (*Larus atricilla*) is hard to ignore. Despite its medium size, it has a boisterous “ha ha ha” call and a bold personality; it has been known to steal fish

from the much larger brown pelican, sometimes by standing on the pelican’s head and grabbing food directly from its pouch.

As fearless scavengers, laughing gulls perform the useful service of keeping beaches clean of fish that become stranded by the tide. Observing the behavior of gulls may also help one predict impending foul weather: gulls roost at times of low-pressure, a condition that often produces precipitation. According to Scottish folklore, “Seagull, seagull, sit on the sand; it’s a sign of rain when you are at hand.”

A couple of weeks ago, an injured laughing gull was found and rescued. Very little was known about its history. Upon presentation, the seabird – patient #16-156 – was found to have an old scab on the right side of its neck and its right elbow was swollen.

“On my physical, the big thing I noted is that his right elbow is pretty swollen,”



The laughing gull, patient #16-156, is shown with a figure-eight wrap on its right wing. The seabird had just received subcutaneous (under the skin) fluids to facilitate hydration and cool-to-warm compresses to treat its swollen elbow.

Dr. Allison explained. “I didn’t feel any obvious fractures, but we went ahead and sedated him so we could take full x-rays. The joint itself looks OK, so I went ahead and put him in a figure-eight wrap for the next day or two.”

In addition to stabilizing the wing, Dr. Allison ordered the application of cool-to-warm compresses that were applied to the swollen area several times per day, over the wrap.

As Dr. Allison concluded, “I’ll check

the wing and do some physical therapy to see if we should continue with the wrap or if we should try him without. He didn’t have a wing droop, or anything like that. He was up and walking around this morning and he’s pretty feisty, so it looks like he’s doing well otherwise.”

The laughing gull is expected to make a full recovery and be returned to its home on the beautiful Gulf Coast.

Correction: Last week, Allison Daugherty, DVM was misidentified as Dr.

Andrea. Dr. Allison is currently a DVM intern at CROW.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org.

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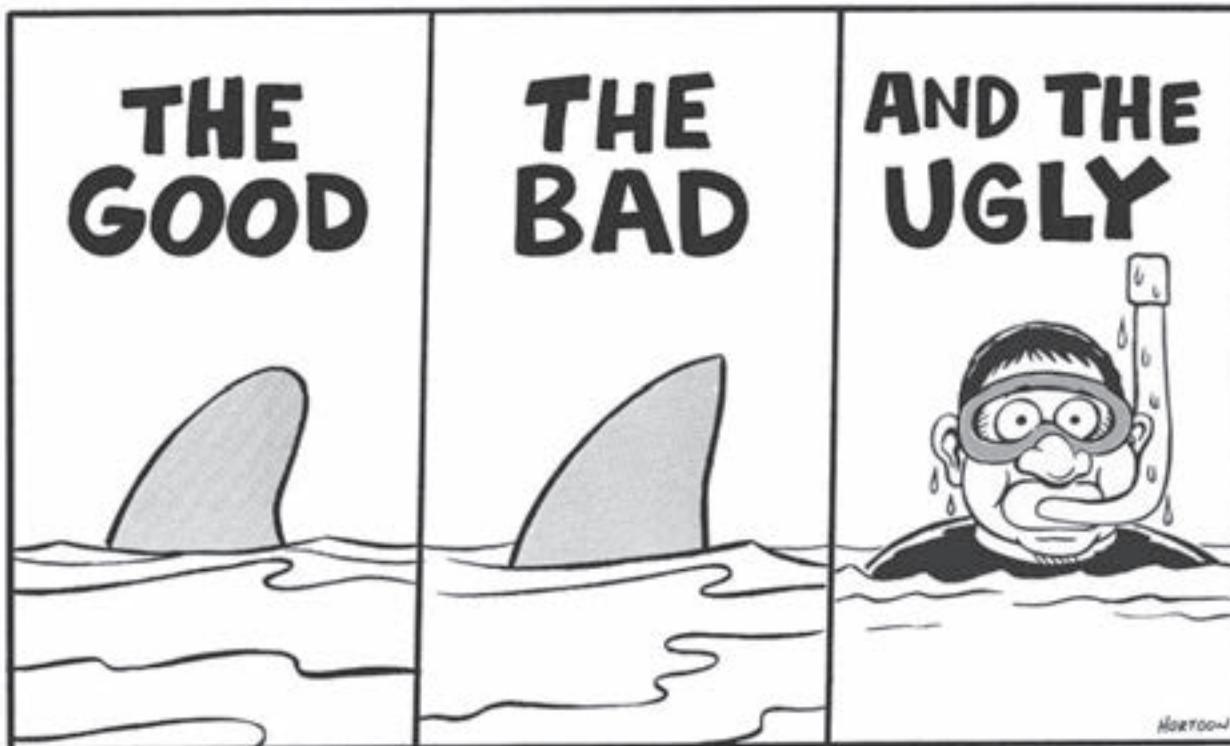
- 1 pint shucked oysters, undrained
- 1/2 cup onion, chopped
- 1/2 cup celery, sliced
- 2 cups fresh mushrooms, sliced
- 1/4 cup butter
- 1/4 cup all-purpose flour
- 1 teaspoon salt
- 1/4 teaspoon pepper
- 2 cups milk
- 1 10 1/2-ounce can cream of potato soup
- 1 1/2 cups shredded sharp Cheddar cheese
- 1 two-ounce jar diced pimiento
- 1/4 teaspoon hot pepper sauce

Remove any shell particles from oysters; set aside.

Cook onions, celery and mushrooms in butter over low heat until tender. Stir in flour, salt and pepper; add milk gradually stirring until thickened. Add potato soup and grated cheese. When cheese is melted, add oysters, pimiento and hot pepper sauce. Simmer for 5 to 10 minutes or until oyster edges curl.

Yield 6 servings.*

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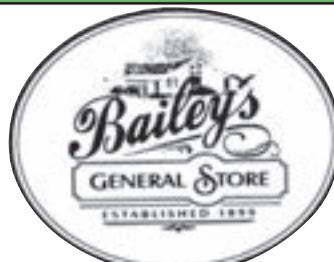
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Don and Lillian Stokes

Celebrity Birding Authors To Speak At 'Ding' Darling

Longtime winter residents of Sanibel and nationally acclaimed bird authors and TV personalities, Don and Lillian Stokes, will present two programs beginning at 10 a.m. and 1 p.m. on Friday, February 12 in the "Ding" Darling Visitor & Education Center.

Their two Better Birding presentations will celebrate birds and discuss how to find and identify them, featuring the photography of Lillian Stokes and special information that the Stokes have gleaned while researching and writing 35 books on birds and nature.

Their latest guide, *The Stokes Essential Pocket Guide to the Birds of North America*, condenses photos and information from previous guides for an easy-to-carry volume to reference out in the birding field.

Following their presentations, the Stokes will sign copies of their books,

which are available for purchase in the Refuge Nature Store, all proceeds of which benefit refuge wildlife and conservation and education programs.

Admission is free to the lectures, which are part of the 13-lecture "Ding" Darling Friday Lecture Series sponsored by HighTower Advisors Fort Myers along with Mike and Terry Baldwin and support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS).

Seating is limited and available on a first-come basis. Stokes lectures fill up early, so arrive at least one hour before lecture time to assure seating. Early arrivals can save one seat each and then may explore the Visitor & Education Center or Indigo Trail before the lecture starts. Saved seats must be filled 15 minutes before lecture time or risk reassignment.

As usual, Wildlife Drive is closed on Friday but admission is free to the "Ding" Darling Visitor & Education Center and Indigo Trail.

For more information, call 472-1100 ext. 241 or log on to dingdarlingsociety.org/lectures.

February 19- No lecture

February 26 - Jerry Lorenz, Roseate Spoonbills in Florida Bay: Pink Canaries in a Coal Mine

*March 4 - Steve Noll, Ditch of Dreams: The Cross Florida Barge Canal and the Struggle for Florida's Future

*March 11 - Leslie Kemp Poole, Saving Florida: Women's Fight for the Environment in the Twentieth Century

March 18 - Emily Stokes, Reef.org, Invasion of the Lionfish

March 25 - Ian Bartoszek, Pythons in

Paradise: Collaborative Burmese Python Research in SW Florida"

April 1 - Joe Wiegand, Teddy: The Conservation President (reprisal)

*April 8 - John H. Hartig, Bringing Conservation to Cities: Lessons from

Building the Detroit River International Wildlife Refuge

*April 15 - Sandra Friend and John Keatley, The Florida Trail Guide

starred lectures indicate a book-signing to follow.

Shells Found



Live horse conch shells

Grant Tucker of Columbus, Indiana took these photos of live horse conch shells near shore at Blind Pass shortly after sunrise on January 23. Tucker, who was staying at Punta Rassa, decided to head to Blind Pass "to see what the high winds had kicked up."

"There were already several people



Live horse conch

on the beach by the time I arrived, so all I found to take home were small shells, but I did find two small horse conchs, which was encouraging in that I haven't found many of those in recent years," said Tucker, who reported seeing a large number of large fighting conchs. "If I saw one, I saw a hundred. All were live, though, so they remained undisturbed."

The visitor also stated that the horse conchs were nice to see. "When I was much younger, my family and I were here just after a period of heavy storms," he explained. We were staying at the West Wind Inn and there were giant live horse conch everywhere. I haven't seen any big, live ones for a long time, so not only did this morning's sighting rekindle a pleasant memory, it also offered hope that the prohibition against live shelling is working." *

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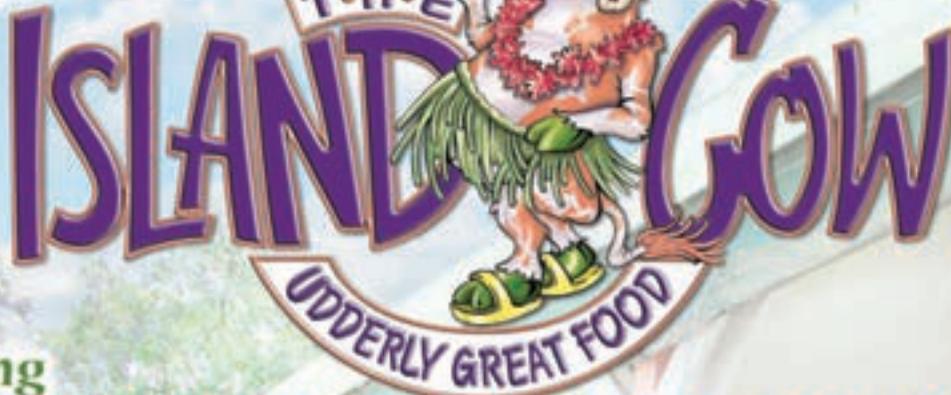
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Shell Museum Presentation By Matthys



Joyce Matthy

Joyce Matthy will deliver a video presentation at the Bailey Matthews National Shell Museum on Wednesday, February 10 at 1:30 p.m. Matthy's program compares shell

collecting in the Pacific Northwest to shell collecting on Sanibel Island. It includes the shells, the animals that create them, that can be found by those willing to brave the elements and the rocky shores of Oregon and Washington.

A resident of King City, Oregon, Matthy and her husband, Ken, have traveled to Sanibel Island each winter since 1993 in order to peruse their hobby of shell collecting. She started filming live mollusks in order to show her grandchildren how these marvelous creatures move, eat and reproduce. When The Bailey-Matthews Shell Museum opened on Sanibel in 1995, Joyce became an education docent and her interest and knowledge of mollusks expanded. When asked to help develop a new program for visiting students, she dug into her vast collection of video clips and in 2003 produced *Mollusks In Action*. It met with such approval that the museum began showing it to the general public throughout the day.

In 2008, *Trails And Tales Of Living Seashells (And Other Interesting Sea Creatures)* was released and it now also is shown daily at the museum. It introduces the viewer to another aspect of beach combing, showing the different sea creatures that make trails in the sand. Both videos are filmed, produced and narrated by Matthy.✪

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UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets on the first Sunday of each month from December through April at the Sanibel Congregational Church, 2050 Periwinkle Way at 5 p.m. A pot luck is held at a member's home on the third Sunday of each month. email ryi39@aol.com or 433-4901.✪

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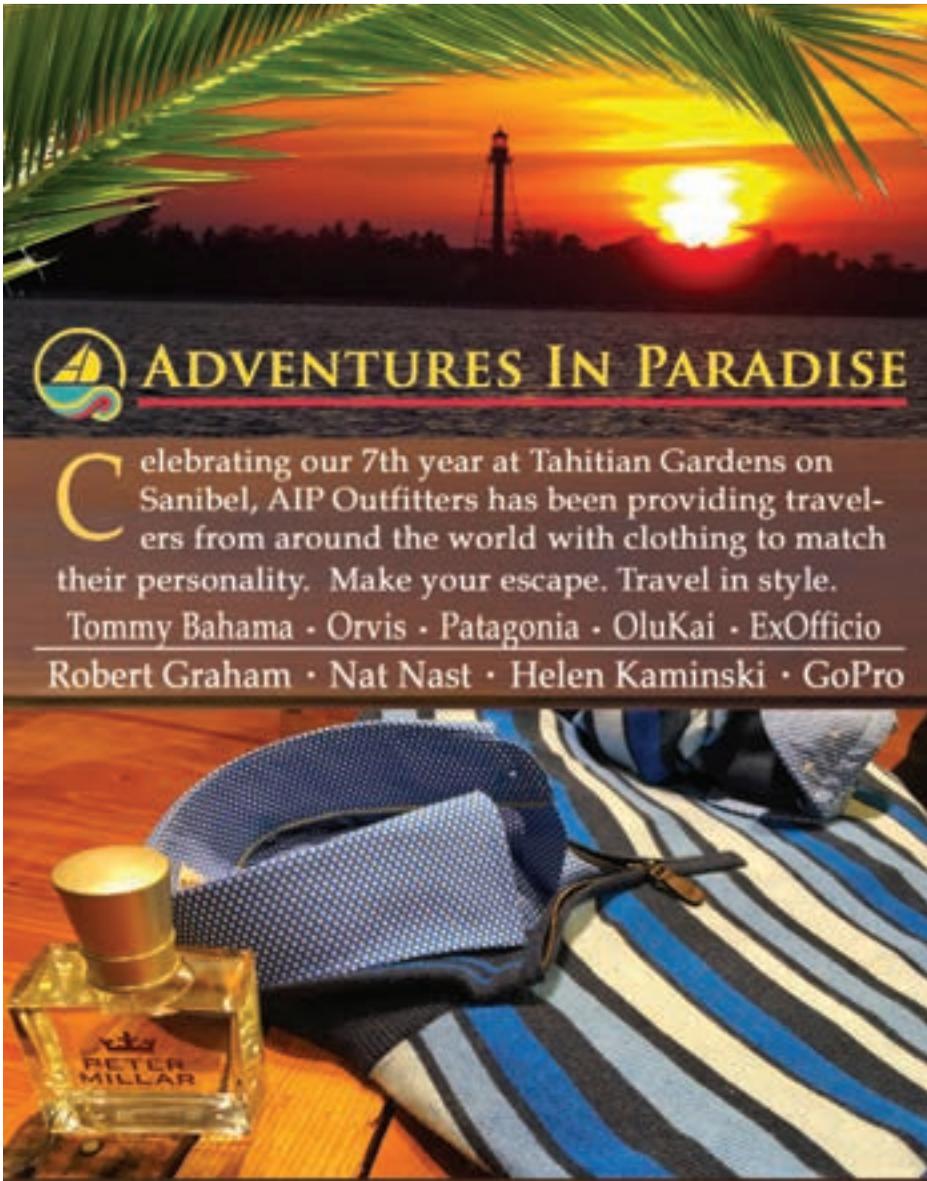
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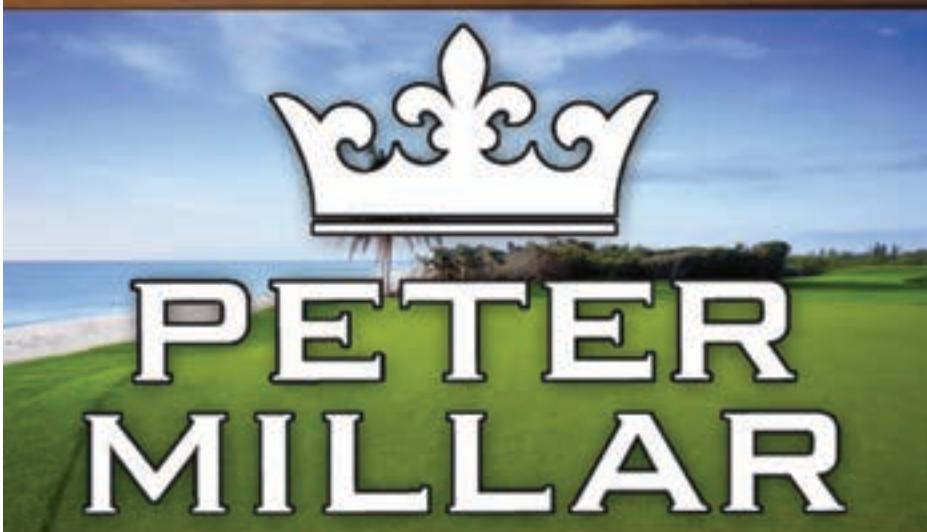
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The jagged red line in the flower's eye creates a conspicuous color contrast
photos by Gerri Reaves

Plant Smart

Rose-Of-Plymouth

by Gerri Reaves

Rose-of-Plymouth (*Sabatia stellaris*) is native to most of the eastern and Gulf states of the U.S.

A member of the gentian family, it is also called marsh-pink, sea-pink, and saltmarsh sabatia. It pops up in coastal

marshes, low pinewoods, wet prairies, vacant lots and ditches.

This pretty flower needs plenty of moisture and is suitable for a natural landscape or a wildflower or bog garden. It does best in full sun and rich soil and does not tolerate long periods of drought.

The five-petaled pink flowers measure about an inch to an inch and a half across and range in color from pale to deep pink and sometimes white.

They bloom nearly year-round in South Florida, appearing singly at the ends of delicate branched stems.

The term "stellaris," which means star-shaped, refers to the eye, or center. The color contrast in the eye is conspicuous – a jagged red line separates the inner yellow-green and the outer white.

The opposite linear to lance-shaped smooth leaves are about an inch and a half long, with the lower leaves being larger.

Rose-of-Plymouth can be propagated with cuttings or with the seeds from the inconspicuous capsule.

Sources: *Everglades Wildflowers* by Roger L. Hammer, *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *Wildflowers of Florida* by Jaret C. Daniels and Stan Tekiela, enature.com, regionalconservation.org, and wildflower.org.

*Plant Smart explores the diverse flora of South Florida.**

Motor Club Cruise-In This Saturday

This Saturday, February 6, the monthly San Cap Motor Club Cruise-In will be held at Periwinkle Place Shopping Center from 9 to 11 a.m. All are welcome, with or without a car. Participants can park in the front of the shopping center. The cruise-in is casual, with no pre-registration required. Coffee and donuts will be available.

"Now that the winter residents have returned, we think even more participants will attend this weekend," said club member Scot Congress. Last year was the inaugural year for the club and many individuals have joined since its inception last September. The club now has more than 50 members. Membership costs \$50,



Steve Sickels' orange VW Thing with a Porsche engine

which includes a T-shirt. Forms are available at the cruise-in. Last month, over 40 cars were on display.

For more information on joining the club, contact Mike Stone at 322-0044 or mike@sancapstone.com, or Scot Congress at 472-4177 or scot@scongress.com. The club also has a website, www.sancapmotorclub.com, and a Facebook page, SanCap Motor Club.*

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Shell Of The Week

Zigzag Scallop



by José H. Leal, PhD, The Bailey-Matthews National Shell Museum Science Director & Curator

The zigzag scallop, *Euvola ziczac* (Linnaeus, 1758), lives offshore along the coast



The zigzag scallop, *Euvola ziczac*

photo on right by Amy Tripp in Collier County, shows the living animal and its eye-studded mantle edges. photo on left by José H. Leal

bands and zigzag lines, and the lower, concave valve usually an even very light-brown or cream-white. (The top, flattish, valves are also more commonly found on local beaches than the bottom ones.) The living animal is silvery-white in color and, as with many species of scallops, zigzag scallops have many eyes deployed along the two mantle edges. Read more about the zigzag scallop

and other local shells at the museum website <http://shellmuseum.org/shells/southwest-florida-shells>.

Shell Museum Events

Island Inn Daily Morning Beach Walks (Advance booking required): Join our marine biologist for a beach walk near Island Inn on Sanibel Island. Walks depart daily from the Island Inn lobby at 9 a.m. The cost is \$10 for adults and \$7 for children. Parking at the Island Inn is free for beach walk participants. Space is limited so book online at shellmuseum.org/events or call 395-2233 to make a reservation. All beach walk guests receive half-off Baileys-Matthews National Shell Museum admission. (Current Island Inn

guests please book through the Inn).

Mollusk movies and scavenger hunts are continuously throughout each day.

Tank Talks are continuously throughout each day: Gain great insights into the fascinating world of local mollusks!

Monday at 1:30 p.m.: Carolyn's Collection – A fun and engaging look at quality shells of a private collector. (Please check shellmuseum.org to note any schedule changes.)

Tuesday at 1:30 p.m.: Shell BINGO

Wednesday at 1:30 p.m.: Mid-Day Tank Talk at the Museum live mollusk tank.

Wednesday at 1:30: Mollusk Matinée – A series of nature-related lectures presented by local experts. (Please check shellmuseum.org for weekly topics.)

Thursday at 1:30 p.m.: Cool Shells – See some great shell treasures not on exhibit.

Friday at 1:30 p.m.: Arts and Crafts – Create marine-themed art and take it home with you!

Saturday at 1:30 p.m.: Sanibel Shells – Discover the look, feel and subtle differences of local shells.

Sunday at 1:30 p.m.: Shell BINGO.

The Bailey-Matthews National Shell Museum is at 3075 Sanibel-Captiva Road. Phone 239-395-2233 or visit www.shellmuseum.org.

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Girls Give Away Shells To Support Museum

Local resident Donnie Benton's two daughters, Holly, 7, and Alyssa, 10, have been giving away free shells at the beach with their dad, along with a "Shell Museum Donation" jar. So far, the girls have raised more than \$100 and donated it to The Bailey-Matthews National Shell Museum.



Holly and Alyssa Benton donating their proceeds

Audubon Lecture On Florida Birds

The Sanibel-Captiva Audubon Society will hold a program on Thursday, February 11 at 7:30 p.m. at The Community House. The guest speaker will be Amy Bennett Williams, senior writer and story-



Amy Bennett Williams

teller for The News-Press Media Group, as she presents a program entitled Subtropical Field Notes: An Amateur's Appreciation of SW Florida Birds.

Any long-time listener or reader can tell you one thing for sure: Williams loves this place. Although she's not a born native, she's quick to defend her status as a true Southwest Floridian, with a reminder that she got here as quickly as she could. Utilizing her verbal and writing talents, along with photographs, she will engage the audience with her unique perspective on and appreciation of local birds.

Williams came to *The News-Press* in 1988 as an obituary-writing clerk/reporter. continued on page 29

Sanibel Island Fishing Club Monthly Meeting

The Sanibel Island Fishing Club will be holding its second monthly meeting of the new year on Tuesday, February 9. The meeting will begin at 6:30 p.m. in the north room of The Community House, located at 2173 Periwinkle Way on Sanibel. This month's featured speaker will begin his presentation at 7 p.m. sharp. There is no admission charge for the event and the angling public is cordially invited to attend. Pizza and refreshments are available at a nominal charge.

This month's featured speaker is Dr. Alan Peirce of the Florida Fish and Wildlife Conservation Commission. Dr. Peirce is a marine biologist who works with the FWC on outreach programs such as this presentation that help the angling public better understand the



Dr. Alan Peirce

various updates and changes in fishing regulations in the State of Florida. He will give a brief update as to what we might expect to see by way of changes to the regulations of both inshore species such as seatrout, redfish and snook as well as our favorite offshore species such as greater amberjack, grouper and snapper.

Dr. Peirce will explain how and why certain slot limits are established as well as how the FWC determines when a fishery is being over-harvested. His presentation will be followed by an extended question and answer period that should prove helpful to anyone who might have questions about the 2016 fishing regulations. His primary duties with the FWC is to provide regulatory outreach to both recreational and commercial fisheries throughout the Sunshine State. If you are interested in better understanding Florida's complex saltwater fishing regulations this is a presentation you will not want to miss.

The Sanibel Island Fishing Club meets monthly through season and sponsors several group outings as well as lending support for various fishing related charities and organizations such as START, Lee Reefs and the Sanibel Sea School.

For information on joining the club, call Rol Campbell at 472-8994 or attend their next meeting.✪

From page 28

Audubon Lecture

After a series of assignments, she left *The News-Press* to edit the regional magazine *Gulfshore Life* for four years. During that time, she was named Editor of the Year by the Florida Magazine Association. She returned to *The News-Press* as its *Lifestyles* editor in 1998. In addition to writing features and news articles, Williams conceived the paper's weekly *Tropicalia* magazine, where her column, *Field Notes*, appears. Her sense-of-place essays air weekly on the local NPR affiliate WGCU. She lives in rural Alva with her husband, Roger, and two sons. Her pictorial history book, *Along the Caloosahatchee River* was released by

Arcadia publishing in 2011, and she is at work on a second. Attendees will be able to purchase copies of her book at the end of the presentation.

This is the sixth of eight Sanibel-Captiva Audubon lectures to be held this year on Thursday evenings at 7:30 p.m. at The Community House, 2173 Periwinkle Way. All are welcome. Doors open at 6:30 p.m., and parking is available at The Community House as well as across the street at the Herb Strauss Theater. A \$5 donation is appreciated with proceeds after costs being used to promote conservation on Sanibel and in Florida. For more information, call Bill Jacobson at 395-1878 or visit the San-Cap Audubon Web website at www.san-capaudubon.org.✪

Free Preview Of 'Ding' Darling Film

There will be a free sneak preview of the film *Darling Is Back* in the "Ding" Darling Visitor & Education Center at JN "Ding" Darling National Wildlife Refuge on Tuesday, February 9. The "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) is co-hosting the 1 p.m. showing.

The film, produced by Marvo Entertainment Group, makes the connection between Darling's life in Iowa and Florida. Director Samuel Koltinsky, who brought the bio-documentary *America's Darling* to the refuge in 2012, follows the grassroots restoration of Lake Darling State Park in Brighton, Iowa.

Darling, a two-time Pulitzer Prize winning political cartoonist, lived much of his life in Iowa, where he created for the *Des Moines Register*. Like "Ding" Darling Refuge, the Iowa state park pays homage to the strong conservation ethic apparent in his cartoons.

Darling later served as the head of the U.S. Biological Survey, precursor to today's U.S. Fish & Wildlife Service (FWS). While in office, he inaugurated the Federal Duck Stamp Program to purchase wetlands for preservation. He designed the first duck stamp and the blue goose logo still used by the FWS.

Admission to the film preview is free and on a first-come basis.✪



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Third graders singing *Shake The Papaya Down*, a calypso-style song



Barbara Von Harten helps add soil to the newly-planted slash pine tree, donated by Marty Harrity

From page 1

Arbor Day

students read a series of poems – gathered from the Douglas Florian collection *Poetrees*, with titles including *Monkey Tree Puzzle*, *Coconut Palm*, *Paper Birch* and *Weeping Willow*.

Other songs featured during the celebration included *Planting Seeds*, *Shake The Papaya Down* and *The Garden Hoedown*.

Participating students included (from

Debora Baker's third grade class) Insa Baumgarten, John Clark, Kathleen Doster, Preston Farhat, Heidi Hall, Julia Lemmon, Ronan Maughan, Duncan McIntyre, Grace Mitchell, Kayce Nette, Sonia Otalvaro, Owen Rose, Sean Sawicki, Athena Solberg, Carter Sproles, Caden Suslick, Anthony Underwood, Ryley Wilkinson and Landon Williams; and (from Robin Lear's third grade class) Noah Ashley, Nikolas Bakos, Jenna Cook, Olympia DeCosta, Cole Fields, Marit Foster, Une Jankauskaite, Emily



Chauncey Goss, Sanibel city councilman, and Berdenna Thompson

Kremenchuker, Helina Lifshatz, Lily Lockard, Allison Mahan, Lotus Meyers, Faith Mitchell, Isabelle Rose, Colton Sullivan, Jesse Tupy, Luke Williams and Ari Zindell. School principal Barbara Von Harten, who is retiring at the end of the school year, said that she was thrilled to have the new slash pine planted in her honor.

"So many of our former students come back to visit and point out the three that they helped plant," she said. "Now, I'll be able to come back some day and point out my tree."

Von Harten thanked the school's assistant principal Jaimie Reid, music director Joey Giangreco, third grade teachers Debora Baker and Robin Lear, sound technician Brenda Mendoza, art instructor Tylor Stewart, grounds crew members Fred Hopkins and Davis Thomas, vegetation committee member Berdenna Thompson, Richard Finkel and tree donor Marty Harrity.✪

From page 1

Community House Documentary

And now, the legendary building has been immortalized on film.

According to Farst, The Community House was built shortly after the hurricane of 1928 struck the islands. Construction crews had been hired to rebuild the badly damaged Bailey's General Store, located at the end of what is now Bailey Road. Francis Bailey, Sr. donated money and materials for The Community House to be built on a parcel of land

donated by Letitia Nutt. Construction began in 1927 and the facility was opened the following year.

"The citizens of Sanibel have always seen the value of The Community House," said Farst. "It's been islanders who built it, who have been stewards for it, and who will secure its future."

Farst's film also features interviews with a dozen local citizens offering their perspective of what The Community House means to Sanibel. They include Francis Bailey, Jr., Milena Eskew, Vanessa Flynt, Mary Bell Gault, Deb Gleason, Porter and Mariel Goss, Jim Jordan, Salli Kirkland, Jim Pickens and Ralph Woodring.

"In retrospect, I've been fortunate enough to have done interviews with several people over the years, some of whom are no longer with us, talking about this House and its importance," said Farst. "As a filmmaker, I've never done a film that's been so integral and with so many moving parts."

The current building renovation project, dubbed "Restoring The Heart Of The Islands," includes:

- Restoration of the historic North Room
- Structural expansion and improvements
- New roofing, electrical wiring, plumbing and energy-efficient air conditioning
- State-of-the-art audio/video equipment
- New larger kitchen and public restrooms
- Additional office space and conference room
- Revamped parking lot and drive-up entrance on the east side of the facility
- Redesigned landscaping features

The total cost for building and site construction; permits, furnishings, fixtures and landscaping; administrative and funding costs are estimated at \$2,980,000.

The premiere screening of *The Sanibel Community House: Birthplace Of The City, Heartbeat Of Its People* includes admission by donation, with refreshments (popcorn, soft drinks, water, etc.) available. The film will begin at 7 p.m. at The Community House, 2173 Periwinkle Way on Sanibel. Additional screenings of the documentary will take place on Sunday, February 21 at both 2 and 4 p.m. More details are available by calling 472-2155. For more information, email info@sanibelcommunityhouse.net.✪

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San-Cap Orchid Society Meeting

Preserving Native Orchids will be the topic of the Monday, February 15 meeting of the Sanibel-Captiva Orchid Society. The program will be presented by Barb Murza of the Sanibel-Captiva and Southwest Florida Orchid Societies. The meeting will take place at 1:30 p.m. at St. Michael & All Angels Episcopal Church, located at 2304 Periwinkle Way on Sanibel.

Orchid novices are encouraged to come to the meeting's fundamentals session at 1 p.m. to hear Bill Overton discuss Phalaenopsis: Care and Culture. Overton has been growing orchids for over 40 years and is an accredited American Orchid Society judge. He will moderate this season's monthly fundamentals sessions.

Anyone with questions or an "ill orchid" that needs diagnosis can bring their plants to the meeting during show-and-tell. San-Cap Orchid Society members are invited to participate in a monthly show. Ribbons are awarded for best hybrid and best species orchids. An orchid raffle will also be held. Annual San-Cap Orchid Society membership is \$25 for singles and \$40 for couples; guests are \$5 per meeting. For more information, visit www.sanaporchid.org.

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by Chef Nikki Rood

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most from folks trying to transition to a plant-based diet is that they sure miss half-and-half in their coffee in the morning. While there are some commercial non-dairy creamers available that taste pretty good, here in the cafe, we blend our own daily and offer it as an alternative to half-and-half for customers who want a creamy addition to their hot beverages. So many people are allergic to cow's milk, lactose intolerant, need to stay away from soy or just prefer plant-based options for ethical reasons.

Our hemp milk is a cream that we blend out of hulled hemp seeds, water, vanilla and honey. Nutty and thick, it's the perfect addition to your morning cup of joe – I promise your palate will be pleased! It's an added bonus that hemp is a sort of "super food" that's full of Omega 3's and six fatty acids, contains all 10 essential amino acids and con-

tains potassium, phosphorus, riboflavin, vitamins A, E, B-12, D, folic acid, magnesium, iron and zinc. It's also a lovely cream to pour over fresh berries or a nice brownie crumble.

Similarly, you can get creative and use brazil nuts, walnuts, almonds, cashews, hazelnuts or pistachios. If using nuts instead of hemp seeds, be sure to soak them for at least 12 hours; the longer they soak, the smoother and silkier your nut milk will be.

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1 teaspoon organic vanilla extract
Pinch of sea salt
Optional: Add your favorite spices to make it your own – you can infuse with cinnamon, cloves, cardamom, etc.)

Place all ingredients into a high speed blender, such as a Vitamix. Blend thoroughly for 2 minutes, until thick and frothy. For a thinner milk, strain the milk through a cheesecloth or nut milk bag and enjoy. For berries and cream or brownies, simply use the thicker, non-strained hemp milk for a velvety, sweet touch of delicious health. It will keep in the refrigerator for 3 to 4 days.

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Please join me in creating this Conscious Kitchen Community and feel free to reach me at www.sanibelfoodcoop.com. ✨

Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to tutsie@centurylink.net. Each week, individual work will be showcased.

selected by Tanya Hochschild

Scrabble on Saturday morning

by Tanya Hochschild

As soft rain falls
we play Scrabble on the lanai
in the cooler temperature.
We set up the board,
keep our eyes shut, feel for lucky letters.

Water eases off the roof,
washes palm fronds,
fills bromeliads.
It's been a long, dry spell.

I study the seven letters before me.
Enjoying the rain, I think of
"drench", "quench",
but a "q," "u," "d" and "h" are
needed.

How to use the letters?

Beyond the rain soaked garden
ducks head into the river,
seven downy babies bounce
in the windblown waves.
Coming up close behind the papyrus
like a floating coffin
an alligator swerves, pauses
and swerves again.

Mama clucks her babies back to shore.

I rearrange the letters.
"menaces," appears.
Fifty point bonus! What a way to start the game.

Like the ducks, we are off and running.

Tanya Hochschild is member of a Sanibel Writers Group, has participated in Artpoems and Writer's Reads on the island, and had two books published. ✨

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Susan Scott, left, and Sherry Halleran, co-chairs of the annual benefit

BIG ARTS Annual Benefit Features The Hit Men

The BIG ARTS' annual benefit, Oh, What a Night! featuring The Hit Men, legendary performers with Frankie Valli, Carole King and Cat



The Hit Men

Stevens, is scheduled for Saturday, February 13.

They're not just a tribute band - The Hit Men really were there, touring the country and recording the hit songs with Valli and other mega-stars of the 60s, 70s and 80s, including Tommy James & the Shondells, Carly Simon, Jim Croce, Elton John and other. The audience will know every song in this night of mega hits.

The evening opens with a Champagne toast at 7:30 p.m., followed at 8 p.m. by the performance.

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BIG ARTS Talking Points Program

BIG ARTS' Talking Points series, which began on January 5 with a roundtable presentation and discussion on the trends and future for the U.S. economy, and ended with an interactive session on Creativity, was a big success. All of the two-hour mini-series sessions have neared or exceeded capacity and, most importantly, have produced both lively dialogue and positive feedback.

The community voice in this new pilot series will inform future program development and activities, and feedback is being captured by participant survey. The next phase of Talking Points promises to be as popular.

February 12

Innovations and the Future of Health Care in the United States

10 a.m. to noon

Health care accounts for 18 percent of gross national product in the United States, and we stand at an inflexion point in the United States in dealing with this profound and challenging social and economic issue. Some of the key issues and innovations to be discussed by this distinguished panel will include:

- Recent developments in healthcare insurance and affordability
- Recent "game changer" medical breakthroughs
- Politics of health care



Dr. Michael Wood



Richard Arnould



Dr. Harvey Sugerman



Dr. Richard Rieselbach



Aaron Cohen



Gene Rothman



Gerard Damiano



Thomas Van Lent



John Englander



Ralph Clark



Dr. Anna Koufakou



Lisa Wainwright

- Emerging health problems and their impact
- Insurance coverage and cost impact
- Cost control strategies

Moderated by Aaron J. Cohen, former CFO of New York's Bellevue Hospital, the panel includes Dr. Michael Wood, president emeritus and former CEO of Mayo Clinic Foundation in Rochester, Minnesota and current professor of orthopedic surgery at Mayo Clinic College of Medicine; Professor Richard Arnould, an economist at the University of Indiana and emeritus

professor of economics in the College of Liberal Arts and Sciences and the College of Medicine at the University of Illinois; Dr. Harvey Sugerman, emeritus professor of surgery, Virginia Commonwealth University and a bariatric surgeon in his 11th year as editor-in-chief of *Surgery for Obesity and Related Diseases*; Dr. Richard Rieselbach, a graduate of Harvard Medical School, professor emeritus of the department of medicine, University of Wisconsin School of Medicine & Public Health, and former researcher with the

University of Wisconsin Milwaukee Clinical Campus; and Gene Rothman, a venture capitalist in the medical supplies and services field. This session is nearly sold-out.

February 19

ICreate: Art and Photography for iPhone and iPad

10 a.m. to noon

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of digital artwork. This overview of the Power of Portable Art Studios is an eye-opening exploration of how to expand your creative horizons without buying any additional supplies. This session is part of BIG ARTS' popular Art + Technology series led by Gerard Damiano.

February 24

Water Quality in Southwest Florida

10 a.m. to noon

Dr. Thomas Van Lent, the director of science and policy for the Everglades Foundation will look at the sources of pollution, who bears the cost of pollution, and what realistically can be done to protect the waterways. The format will bring to the group expert video clips to present the various perspectives ranging from the layman's beach enjoyment, environmental balance, agricultural interests and county perspectives. Hear the objective Pros and Cons commentary of the region's water quality today and into the future. All major points of view will be addressed so the audience can understand the facts and participate in open discussion.

Van Lent He is an engineer by training and has worked extensively on computer modeling of the water flow in the Everglades. He has also worked for the South Florida Water Management District and the National Park Service

on Everglades's restoration efforts. He has held academic positions at the University of Virginia and South Dakota State University, and conducted research in computer modeling of fluid flow and hydrology. He holds a doctorate in civil engineering from Stanford University. He is responsible for coordinating scientific and technical efforts supporting Everglades restoration and works to integrate a scientific basis for Everglades restoration into advocacy efforts.

March 2

Rising Sea Level - Fact or Fiction?

10 a.m. to noon

A national expert will discuss the pros and cons facts of the extreme conditions and rising sea levels. What are the possible implications nationally and for Southwest Florida and Sanibel/Captiva?

John Englander is an oceanographer, consultant and sea level rise expert. His broad marine science background coupled with degrees in geology and economics allows him to see the big picture on climate and look ahead to the large-scale financial and societal impacts, particularly as they relate to sea level rise. For over 30 years, he has been a leader in both the private sector and the nonprofit arena, serving as CEO for such noteworthy organizations as The

Cousteau Society and The International SeaKeepers Society.

March 4

Computers That Can Think: Artificial Intelligence

10 a.m. to noon

In the last decade, there have been major breakthroughs in artificial intelligence software, key to such things as the driverless car and virtual reality. With the development of deep learning algorithms and new sensing devices, computers can listen, read, write, understand and think. Explore these powerful technologies with a video presentation and discussion on the exciting - and sometimes alarming - implications in our lives.

Leading the discussion will be Ralph Clark, retired IBM vice president and application software division president and Dr. Anna Koufakou. Dr. Koufakou is an assistant professor of software engineering in the U.A. Whitaker College of Engineering at Florida Gulf Coast University. She received a BSc in computer informatics at the Athens University of Economics and Business in Athens, Greece, and a MSc and a PhD in computer engineering at the University of Central Florida. Her research interests include large-scale parallel and distributed data mining and knowledge extraction.

April 7

Art Talk: Key to Understanding the Art of Robert Rauschenberg

5 to 7 p.m.

This session, held in conjunction with the Celebrating Rauschenberg days on Captiva, which includes the sold-out Estate Tour and the three-day Plein Air Workshop, is a look into the background and motivations of famed artist Robert Rauschenberg. Many people on Sanibel and Captiva know about Rauschenberg's international acclaim and are familiar with the studio he opened nearly 45 years ago on Captiva. But do we truly understand his historic significance? Why is he credited with being a "modern Picasso"? How do we understand the "Combine" movement, Rauschenberg's inventive crossover between painting and sculpture? How did he define the concept of found art? Dr. Lisa Wainwright, vice president of academic affairs and dean of faculty at the renowned School of the Art Institute of Chicago, noted scholar and lecturer, will provide insights into understanding the work of Rauschenberg. Dr. Wainwright's PhD Dissertation, Reading Junk: Thematic Imagery in the Art of Robert Rauschenberg from 1954 to 1964, led her to a lifelong academic and personal interest in the artist and his work. She has lectured throughout the world on his achievements.*



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Upcoming Programs At Sanibel Library

The Sanibel Public Library will be hosting a variety of programs during the month of February, with no registration required to attend.

World War II Lectures with Sanibel Public Library staffer Duane E. Shaffer return by popular demand at 10 a.m. on Friday, February 5 with *The Battle of Britain*, the air campaign waged by the German Air Force against the U.K. in 1940. It was the first major campaign to be fought entirely by air forces, and resulted in thwarting Operation Sea Lion, the planned amphibious and airborne invasion of England.

February 5 is also First Fridays – Stories For Grownups at 2 p.m. February's theme will be Storytellers from Periwinkle Park and Campground. Three of the park's best storytellers – Chris Boesen, Beth Warner and Paul Roney – will be presenting. Stories For Grownups meets again on the first Friday of next month, which is March 4.

On Monday, February 8, Ed Sieber, WWII veteran and Sanibel resident, relates his role in sinking the Japanese battleship *Yamato* in April of 1945. *Yamato*, along with her sister ship *Musashi*, were the largest battleships ever built in history. Weighing 72,800 tons and outfitted with nine 18.1-inch guns, the battleship *Yamato* was Japan's only



Duane E. Shaffer will present a lecture on World War II

hope of destroying the Allied fleet off the coast of Okinawa. Sieber will speak at the library at 2 p.m.

Let the good times roll and celebrate Fat Tuesday with Sanibel Public Library staffer Betsy Eidem, as she cooks up another great culinary program on Tuesday, February 9 at 10 a.m. *Stirring Stories with Betsy: Laissez Les Bon Temps Rouler* is a fun review of Mardi Gras foods and traditions.

David Kilbride returns to the library on Tuesday, February 9. Sing along as



Stirring Stories is hosted by Betsy Eidem

Kilbride entertains with popular tunes from the '40s, '50s and '60s.

Make cool Steampunk charm bracelets with Cathy Cameron at 2 p.m. on Wednesday, February 10. No supplies are necessary but if you have small metal parts or chains from unloved or broken machinery, bring them along. Steampunk style combines retro and futuristic sensibilities with an Industrial and Victorian aesthetic.

Sanibel Public Library's Maureen Tesoro will teach the basics of social media at 10 a.m. on Thursday, February 11. It would be helpful if attendees bring portable devices such as iPads, and also



Singer David Kilbride performs

sign up for a Facebook account prior to the session, but it's not mandatory. Prerequisites to this class are basic computer skills, use of email, knowledge of navigating websites, and uploading photos.

Joanne Wessels of the Sanibel Public Library presents *Managing Wolf Populations* at 2 p.m. on Friday, February 12. Wessels is a volunteer at the Ely, Minnesota International Wolf Center, and she will talk about how the facility acquires new wolf pups, the selection process, and the laws governing animals that are on the endangered list. Her presentation reviews how the staff and

“nannies” prepare for the arrival of new wolves and socialize the pups.

WalkWiseLee will cover the rules of the road for pedestrians, cyclists, and motorists at 10 a.m. on Monday, February 15 at Sanibel Public Library. This interactive presentation, actively engages the audience through an electronic feedback system. Participants will receive lightweight reflective backpacks.

At 2 p.m. on Tuesday, February 16, “living history” actors Jamie and Jan MaGirl from the Edison & Ford Winter Estates will pay homage to Thomas and Mina Edison. “The Edisons” will share stories and photos of their times wintering in Fort Myers.

Dark Side Sanibel, a humorous look at Sanibel’s local characters, is at the library at 2 p.m. on Wednesday, February 17. Renowned artist and lawyer Daniel Winters and recovering humorist and know-it-all writer J. David Truby will present a gentle poke at the tourists, pomposities, elected things, and others who make Sanibel so out-loud funny. Both men are certified senior curmudgeons and seasonal coward residents of Sanibel.

Library programming is supported by a grant from Sanibel Public Library Foundation. The public is invited to these Library programs. There is no registration required and no additional cost to participate. A complete list of programs are listed on the library’s website. Residents as well as non-residents are invited.

The Sanibel Public Library is located at 770 Dunlop Road. For more information, call 472-2483 or visit www.sanlib.org.



Margaret Mohundro, Lee Ellen Harder, Visnja Gembicki and Lauren Huff

BIG ARTS Donates Films To Sanibel Public Library

Sanibel Public Library users have access to an even larger selection of independent and foreign films thanks to the generosity of BIG ARTS.

BIG ARTS has once again donated film series films to the library for checkout. There are 18 new DVDs and 13 BluRays added to the library’s collection, including *Elaine Stritch: Shoot Me*, *The Invisible Woman*, *Carol Channing*:

Larger Than Life and *The Invisible War*.

Margaret Mohundro, library executive director, accepted the films from Lee Ellen Harder, executive director of BIG ARTS, Visnja Gembicki, film committee chair, and Lauren Huff, BIG ARTS executive ssistant.

“We appreciate this yearly gift from BIG ARTS,” said Mohundro. “These award-winning movies and documentary films are popular items and the patrons look forward to catching the newest films from the series.”

This year’s donated films also include such titles as *Chef*, *Wadjda*, *Following the Ninth: In the Footsteps*

of *Beethoven’s Final Symphony*, *The Lunchbox* and *Nicky’s Family*. The films are available for one-week checkout.

All Sanibel and Lee County residents are eligible for a library card at no charge. Visitor cards (valid for one year) are available for \$10.

The Sanibel Public Library is located at 770 Dunlop Road. For more information call 472-2483 or visit online at www.sanlib.org.

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BIG ARTS Monday Night Film Series

I'll See You In My Dreams



by Di Saggau

The BIG ARTS Monday Night Movie for February 8 is *I'll See You In My Dreams*, starring

Blythe Danner and Sam Elliott. It's always a pleasure to see these two in a movie, and even more of a pleasure when it's a really good movie. In this sweetly handled romantic dramedy, Danner gives a deeply felt performance as a widow slowly embracing the challenges of old age. She's a Los Angeles widow who is making room in her solitary existence for two new friendships, each one holding out the possibility of something more. Danner makes an elegant, warmly sympathetic heroine.

The long-widowed Carol (Danner) has a well-ordered life, a regular bridge game with old friends, morning chores, et cetera. When her dog dies, she becomes more acutely aware of the loneliness that has slipped into her comfortable yet unvaried routine. Her three best friends, played amusingly by June Squibb, Rhea Perlman and Mary Kay Place, encourage



her to start dating again. After several disastrous hook-ups, a handsome passer-by named Bill (Elliott) invites her to lunch, and they form a romance.

Carol forges a far less conventional connection with Lloyd (Martin Starr), the much younger man she hired to clean her swimming pool. Her odd-couple bond with Lloyd, lubricated by many glasses of wine, emerges not just from loneliness but from a mutual sense of vague discontent with the idea that this might be all that life has to offer.

Carol's life, although not without its satisfaction, has also seen its fair share

of compromises, including the premature interruption of a promising singing career. Music becomes a shared outlet for both of them, starting with a karaoke night where Carol's still beautiful voice impresses the crowd. Carol's new lease on life leads to her being nearly blindsided by a visit from her daughter Katherine (Malin Akerman). Their pleasant demeanor suggests hidden depths in their relationship.

I'll See You In My Dreams is a well-handled film filled with fictionalized people who are a real pleasure to be with. It makes genuine cinematic hay of scenarios that most filmmakers would play for cheap laughs. The material is beautifully handled. The film runs 92 minutes.

There will be a special chocolate and wine tasting event prior to the film at 5:45 p.m. in Phillips Gallery, hosted by Bailey's. Cost of both the event and the movie is \$15. This is a great way to enjoy luscious chocolates and good wines while you mingle with other movie lovers. Tickets are available at BIG ARTS.

Admission to BIG ARTS Monday Night Film Series is \$10. All screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. Film Patrons: June Rosner and Russ Bilgore. Film Sponsors: Bank of the Islands, Stan and Visnja Gembicki, John R. Wood Properties, Penny Wilkinson, Hyde Tucker. Film Supporters: Sanibel Taxi, Jerry's Foods of Sanibel. BIG ARTS is located at 900 Dunlop Road. Tickets are available at the door or by calling 395-0900.*

Academy Award Contender's Series

Brooklyn

by Stan Gembicki



On Wednesday, February 10 at 12:30 p.m., the Island Cinema will show the sixth movie in this year's BIG ARTS Academy Awards Contenders Film Series. After the

movie, a discussion will take place. Tickets are available at the Island Cinema. Other movies in the series will be announced prior to the weekly showing.

Brooklyn is an historical period drama directed by John Crowley and written by Nick Hornby, based on Colm Toibin's novel of the same name. The film stars Saoirse Ronan, Emory Cohen, Domhnall Gleeson, Jim Broadbent and Julie Walters. Set in 1952, the film tells the story of a young Irish woman's immigration to Brooklyn, where she quickly falls into a romance. When her past catches up with her, however, she must choose between two countries and the lives that exist within them for her.

Brooklyn has been nominated for three Academy Awards: Best Picture, Best Actress and Best Adapted Screenplay. The film is 1 hour and 51 minutes long.*

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From page 1

Before The Causeway

and he was born here in 1958. His early memories of the pre-causeway island include riding on the car ferry with his parents. "It was a real adventure," said Billheimer, whose father would take him to the pilot house to see the captain as they made the trip across San Carlos Bay.

- Deb Gleason's family moved here from Maryland in 1958. When she and her two siblings enrolled in The Sanibel School, the total enrollment was instantly boosted from 25 students to 28. She recalls how one teacher was able to handle six grade levels of instruction simultaneously.

- Bella Kontinos and her husband, John, moved here from New England in 1957 and soon opened the Coconut Grove Restaurant, located at the corner on Periwinkle Way and Tarpon Bay Road. John built the shopping center there, which was later acquired by Francis Bailey.

- Charles LeBuff, who moved to Sanibel in 1957, was the second employee of what was to become the JN "Ding" Darling National Wildlife Refuge. He remembers when the only drinking water was rainwater, and when there were no

residential telephones on the island. His job required him to live in government quarters – at the Sanibel Lighthouse.

- Jim Pickens' family had vacationed on Sanibel, and in 1952, the family moved here on Jim's 16th birthday. He went to Fort Myers High School for his last two years and commuted there by the ferry each day. He worked at Casa Ybel for a while and then joined the air force. He returned to Sanibel in 1958, and bought a lot on Periwinkle Way... for \$2,000.

- Bob Sabatino moved to Sanibel in 1957 after dating a girl who lived here. During his first trip here, he discovered a narrow two-lane, pothole-filled road... and that was just to get to the Sanibel ferry landing at Punta Rassa. At that time, Sanibel's population was under 400 people. He became a well-known fishing guide on the islands, and is the author of the book, *Every Day Is Saturday*.

According to Carter, the vintage home movie footage was supplied by the Sanibel Historical Museum & Village, after being digitized by another local filmmaker, Rusty Farst. Once Carter saw the old films, he knew that the footage should be preserved for future generations to both enjoy and learn from.

"I thought they were a real treasure, and that somehow they had to be preserved in a long-form documentary," said Carter, who initially compiled the rare

footage into 16 to 18 short-form clips. "What I had to do is find some sort of a common thread... something that could bring those clips together."

That common thread, it turned out, was the people who lived here before the causeway had been built.

"We found a great cross-section of people to narrate this story," Carter added. "They are the artists who truly paint the canvas with their stories. I just pointed the camera to capture it."

Sanibel Before The Causeway is the third collaboration between Carter and Pfeifer Realty Group, who is sponsoring the production of the documentary. Two previous films, *Growing Up On Sanibel* and *Seven Sanibel Artists*, generated more than \$25,000 in community donations. Pfeifer designated The Community House as the lone recipient of this film's proceeds.

"We chose the Sanibel Community

House to show this film since our 'unknown filmmaker' who shot these films showed them there, 50 to 60 years ago," he added. "We are pleased to have 100 percent of the ticket sales go to The Community House, which will be undergoing a major renovation soon. We expect that this event will be sold out, so I recommend that people buy their tickets soon."

Tickets for the February 10 premiere screening of *Sanibel Before The Causeway* are sold out; however, an encore presentation of the film has been scheduled for Monday, March 28 at 7 p.m. Tickets are \$7 each, and are now on sale at The Community House, Pfeifer Realty Group, Bailey's General Store and Sanibel Art & Frame. The film will be shown at The Community House, 2173 Periwinkle Way on Sanibel.

For additional details on the documentary, visit www.SanibelStories.com.

A NEW THRILLER BY SANIBEL AUTHOR WILLIAM HALLSTEAD

Pursuit of the Weapon from Hell

In the 1950s, a Californian research lab designed a weapon so powerful, its use would endanger everyone in its flight path. Partway through development, the project was cancelled. That much is a fact.

The novel opens with the theft of the mothballed parts from a Tucson storage yard. The thieves: well-financed terrorists. Their intent: complete the weapon and launch it across the U.S.

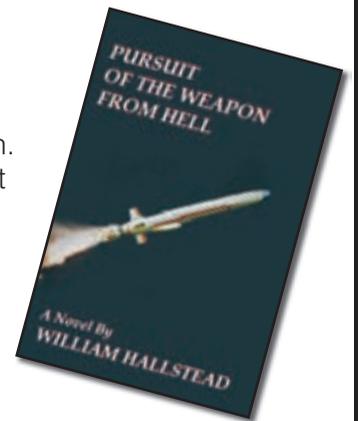
The Air Force Office of Special Investigations assigns reserve Lt. Col. Steve Gammon to investigate. With feisty Captain Laura Gorcy posing as his wife, they track the theft to Mexico – in their pursuit of the Weapon from Hell.

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Highlights Of The 3rd Annual San-Cap Heart Walk



Art Cassell, left, organizer of the 3rd annual San-Cap Heart Walk, drops the ribbon at the starting line during Sunday's heart health awareness and stroke prevention gathering held on Island Inn Road

photos by Jeff Lysiak



Al Hanser, left, of The Sanibel Captiva Trust Company and Art Cassell



Team from Kiwanis Club of Sanibel Captiva



Team from St. Michael and All Angels Episcopal Church

more photos on page 14B

Zonta's 'Peek' Features Haven For Bromeliads

Tucked away on a quiet street off West Gulf Drive is a 40-year-old beach cottage that has withstood the tests of time and weather, in a setting that grows lovelier each year. Just steps from the Gulf of Mexico is the long-time home of artist Judy Hicks, known as the Bromeliad Lady, who fills the property – indoors and out – with her prize collection of showy plants.

The cottage, home base of Bromeliads by Appointment, will be featured on Zonta's Peek at the Unique fundraiser home tour, set for Saturday, March 12. The architect-designed home was one of only three built in the 1970s by developer Abbey Parkerson, distinct from the concrete block construction popular at that

time. Hicks, formerly a commercial artist and fashion illustrator in Cincinnati with clients ranging from Proctor & Gamble to Neiman Marcus, purchased the cottage in 1985, initially as a rental/getaway; when her marriage ended, it became her permanent home. After she met her second husband, Bill Hicks, the couple added a garage, freeform pool, tiled floors and other improvements, and enjoyed community life until Bill's death in 2009.

With the advent of computers for graphic work, Hicks sought a new interest, and plunged into her love for plants and gardening, unaware that this would later prove an important source of income.

"There's hardly a square inch of this property that I haven't planted in some way," she said. "I begged, bought and borrowed cuttings of my favorite plants – and everything grew." The yard is lush and inviting, filled with varieties of plants, many not seen elsewhere.

Like most small homes, every inch is

continued on page 25B



Judy Hicks' home is a 40-year-old beach cottage



Karminday Schafer and Sophia Paulus shared an appreciation card with their teacher, Mrs. McDonnell.

LOGOS Youngsters Host Teacher Appreciation Night

On January 27, Sanibel Community Church's LOGOS kids expressed appreciation for their school teachers by hosting them for dinner and playing LEGO Minute to Win It games together. The theme of the evening was LOGOS: Building For Tomorrow.

Dinner was chicken cordon bleu, twice-baked potatoes, tossed salad and cake. Each teacher received a gift of classroom supplies to take with them.

The LOGOS kids loved spending the evening with their teachers. This midweek family program welcomes all kids ages 3 years through fifth grade. To register or for more information, contact Kathy Cramer at 472-2684.*



Ty Strauss and his teacher, Mrs. Datillo, built a LEGO tower together at LOGOS Teacher Appreciation Night



LOGOS kids loved on and appreciated their teachers on January 29. Mrs. Prescher was surrounded by Korynn Livermon, Abby Wheeler, Aubrie Suslick, Eden Fautz and Dawson Liebetau.



Back, from left, Mary Ellen Pfeifer, Ron Gibson, Phyllis Gibson, Pam Rambo, Karen Roberts, Denice Beggs, Marc Giattini, Sandy Grogman, Mike Billheimer, Chris Gourley and Melinda Roy; front, from left, John Henshaw, Eric Pfeifer, Jane Henshaw, Clark Rambo, Roger Grogman, Todd Roberts and John Beggs

Locals Gather For Cocktail Cruise

Melinda Roy and Chris Gourley hosted 14 guests aboard their 75-foot Hatteras yacht *Hatts Off* for a sunset cocktail cruise on Saturday, January 16. Roy and Gourley donated the "Wild on the Water" evening, which was catered by Mike Billheimer of Lighthouse Cafe and featured island celebrity bartenders Cheryl and Marc Giattini, as an auction item at the Wines in the Wild fundraising party for SCCF.*

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Bike Club Boosts Safe Cycling

Cycling on Sanibel is flourishing this month, but increased traffic on the shared use paths raises safety concerns. The Sanibel Bicycle Club has announced initiatives to promote cycling that will be safe as well as enjoyable for residents and visitors alike.

On February 7, the club will host a booth at the Sunday Farmers Market. Free handouts, including decals, bumper stickers and other items, will be available. In addition, bike club members will be present to chat with shoppers and answer any questions.

The Sanibel Bike Club's new video, *Cycling on Sanibel*, will be showing continuously at the club's Farmers Market booth. The video can also be found on



New free bumper stickers and decals to be offered at bike club's farmer's market booth on February 7

the bike club's website, sanibelbicycleclub.org, on youtube or at <http://tinyurl.com/hdho2hb>



Congestion on a Sanibel shared use path

photo courtesy of Sanibel Mayor's Traffic Message



Sanibel pedestrian/bike paddle sign trial

photo courtesy of City of Sanibel

Also, the bike club applauds the city's prompt attention to various safety recommendations contained in a new city-sponsored report on Sanibel intersections. For starters, cyclists and motorists will have noticed new paddle signs in pedestrian-bicycle crosswalks at St. Michael's Church and the The Community House crosswalks. More actions will soon follow. This major study

and report resulted from another bike club initiative.

The bike club notes that all path users should be aware that Sanibel's paths are shared use paths: Moms and dads with strollers and small children, dog walkers, four-wheel surreys and skateboards are just some examples of path users. For that reason, it is sometimes safer – and legal under Florida state law – for relatively speedy bikes to be on the road rather than weaving their way along the crowded paths.

The Sanibel Bicycle Club holds weekly rides and other special events. Club members are a friendly group and welcome new members of all riding abilities. More information on the Sanibel Bicycle Club and its activities is available on the club's website, sanibelbicycleclub.org, or by sending an email to bikeclubsanibel@gmail.com.



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The new T-shirts are modeled by Bailey-Matthews National Shell Museum staff, from left Lorin Buckner, Dorrie Hipschman, Pilar Holmgren, Stefanie Wolf and museum volunteer Tomas Annesley

Sanibel Shell Festival T-shirts

The Sanibel-Captiva Shell Club created a new T-shirt for the 2016 Sanibel Shell Festival. Realistic images of shells found on Sanibel are featured on a ladies v-neck and a unisex shirt. Both are high quality 100 percent cotton T-shirts. Cost is \$15 each.

One hundred percent of the profits from the T-shirt sales, like the other income from the Sanibel Shell Show, are given out in the form of grants to local marine science-related programs and scholarships to the marine science departments of the University of South Florida and Florida Gulf Coast University.✧

Local Bank Supports Ronald McDonald House



From left, Jim Castle and Dave Essig, Grampy's Charities directors; Marilyn Kane, SCCB customer service representative; Laura Ragain, RMHC executive director; Craig Albert, SCCB president and CEO; Jennifer Harner, RMHC marketing director; and Bob Risch, Grampy's Charities director.

Sanibel Captiva Community Bank contributed \$2,500 to help Ronald McDonald House Charities of Southwest Florida provide stability and resources to children and families in need.

"Ronald McDonald House Charities is a pioneer in providing family-centered care," said bank president and CEO Craig Albert. "We are proud to be a supporting partner in their efforts to improve the lives of Southwest Florida children and families."

Ronald McDonald House Charities creates, finds and supports programs that directly improve the health and well-being of children. The Southwest Florida chapter provides a home-away-from-home at little to no cost for families with children receiving medical treatment at Golisano Children's Hospital of Southwest Florida. Families can stay together, helping their children heal faster. For more information, visit www.rmhcswfl.org.✧



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The 2016 Installation of Officers & Directors was held on January 9

Realtors Install Officers And Directors

The 2016 Installation of Officers and Directors for the Sanibel & Captiva Islands Association of Realtors was held under the Pavilion at The Dunes Golf & Tennis Club on January 9. The staff at The Dunes were wonderful to us and we had a great time in spite of the weather that evening.

The newly installed Sanibel & Captiva Islands Association of Realtors officers and directors are:

Officers

- President – Lori Pierot, VIP Realty Group
- President-elect – Joel Goodman, VIP Realty Group
- Secretary – Martha Smith, VIP Realty Group
- Treasurer – Dustyn Corace, RE/MAX of the Islands
- President – Eric Pfeifer, Pfeifer Realty Group

Directors

- Three-Year Director – Kasey Albright
- Three-Year Director – George Kohlbrenner

Two-Year Director – Deborah Smith, VIP Realty Group
 One-Year Director – Toby Tolp, John Naumann & Associates.✪

Sanibel Outlets Acquired By Dahlmann Properties

Dahlmann Properties announced that it completed the purchase of Sanibel Outlets (formerly known as Tanger Outlets) on January 12. “Dahlmann Properties will bring a fresh outlook and local ownership to the center,” said Ben Dahlmann, Senior Vice President of Dahlmann Properties. “As owners of other shopping centers, hotels and a golf course in the area, we are pleased to add Sanibel Outlets to our southwest Florida portfolio.”

Dahlmann has appointed The Outlet Resource Group (TORG) to lease and market the center and Avison Young to manage the property.

“The teams from both TORG and Avison Young were chosen because of their sterling reputations, unrivaled expertise and their unique, asset-driven approach to the centers that they lease, market and manage.”

Work has already commenced on rebranding the property to Sanibel Outlets as well as a top-to-bottom assessment of the current tenant mix and physical plant.

“We are also honored to have been selected by Dahlmann Properties to reposition the center through our customized approach that has its foundation in local knowledge,” said David Hinkle, principal of TORG.

“Sanibel Outlets will receive TORG’s highly focused attention and a bespoke approach to leasing and marketing as we apply our considerable experience and expertise to create and implement strategic marketing and leasing programs that will resonate with the target markets and drive traffic and sales,” said Lisa Wagner, also a principal of TORG.

Dahlmann also owns Periwinkle Place Shopping Center, Heart of the Island Shopping Center, The Sanibel Inn, Song of the Sea Oceanfront Resort, Seaside Oceanfront Resort, Sunset Beach Oceanfront Resort and The Dunes Golf and Tennis Club on Sanibel.✪

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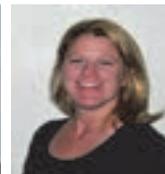
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State Taxation Of Irrevocable Trust



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

States have been increasingly aggressive taxing trust income, as the need for revenue increases. Only seven states do not impose an income tax: Alaska, Florida, Nevada, South Dakota, Texas, Washington and Wyoming.

Even if you are a resident of a state that does not impose an income tax, you should be aware that the creation of a trust that benefits a beneficiary in a state that does impose state income tax will likely result in the payment of state income tax by the trust's beneficiary.

So if you're a Florida resident and create an irrevocable trust for your granddaughter in New York, then when trust income is distributed to your granddaughter she will have to remit New York state income tax payments.

But what happens when you create a discretionary trust that does not distribute its income in a given year? By definition, the trustee of a discretionary trust can choose not to distribute income; instead the income would accumulate inside of the trust. Can the state of the beneficiary's residence impose an income tax on that undistributed income?

In other words, in my example where a Florida resident creates a trust for the benefit of a New York beneficiary, where the income is not actually distributed would the trust still have to pay New York state income tax?

The answer to that question can be found in a 2015 North Carolina case, *Kimberley Rice Kaestner Family Trust v. North Carolina Department of Revenue*. In 1992, Joseph Rice created a trust for the benefit of his three children, which in 2002 divided on its terms into separate trust shares. One of the children was a North Carolina resident.

The North Carolina Department of Revenue assessed the taxes in the amount of \$1.3 million in three years that the trustee never distributed income to the North Carolina beneficiary. The rationale for the tax was a North Carolina state statute that imposed tax on out of state trusts that benefit North Carolina residents.

The trust paid the tax, and after its request for a refund was denied, petitioned a North Carolina court to seek the return of the tax paid.

During the time in question, the trustee was a Connecticut resident, the trust records were maintained in New York State, and the assets were custodied with a financial firm in Boston. Trust tax returns and accountings were prepared in New York, and trust meetings occurred in New York.

The court granted the trust's motion for summary judgment (putting an end to the case – a win for the trust) ruling that the statute in question imposing tax based on the residency of beneficiaries alone violates the Due Process Clause of the United States Constitution as well as the North Carolina State Constitution.

The court noted that the trust did not have a physical presence in the state, own real or personal property in the state, or invest directly in state investments. Trust records were maintained out of state, and the principal place of administration was out of state. The trust did not avail itself of the benefits of state law (the trust indicated that New York law applied), and the court found that the trust itself is a separate legal entity from the beneficiaries. The fact that a beneficiary is a North Carolina resident did not persuade the court that undistributed income should be taxed in the state.

What can we learn from this case? It would seem that if a grantor establishes a trust in a state like Florida that does not impose a state income tax, even if a beneficiary resides in a state that does tax income, so long as that income is not distributed to that beneficiary then no state income tax will apply.

If you hope for a similar result in this case, you should work to have a similar fact pattern, leaving no ties to the state that is attempting to impose the state level income tax.

You should be aware, however, that income accumulated inside of a trust is taxed at the federal income tax level regardless, and that tax is calculated on a compressed rate schedule, resulting in the highest marginal federal rate (39.6 percent) on amounts above \$12,300. Unless the beneficiaries are also in the highest marginal income tax rate bracket, accumulating income inside of a trust may, for federal tax purposes, result in higher tax payments.

When you consider state income tax rates, however, then the combined state and federal tax bracket associated with any specific beneficiary could be higher than 39.6 percent. In such event it might make sense to accumulate income in the trust, as was the likely fact pattern of the *Kimberley Rice Kaestner Family Trust* case.

I believe these types of cases will become more common in the coming years. When creating trusts for the benefit of loved ones who live in a state that imposes state income tax, it would be wise to discuss these issues with your estate planning counsel.

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Sanibel – Gulfside Place-1605 Middle Gulf Dr., Unit 117
Completely remodeled gulf front 2BR/2BA plus den condo.

Private stairway to the beach & pool. \$1,385,000

Host: Janie Howland – 239.850.6419

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- \$2,850,000 (2151131)

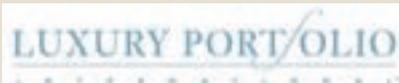
Janie Howland 472-5187 x 268

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Is Super Bowl 50 The Grand Finale For Peyton Manning? The Game's Outcome May Provide The Answer



by Ed Frank

By the time you read this column, millions of words would have been written about Sunday's Super Bowl 50, and there are as many story lines about sport's biggest event as there are stars in the sky.

But to this reporter, the overriding issue – or perhaps question – is whether Sunday's game is the finale for sure-fire Hall of Fame quarterback Peyton Manning? Win or lose, Peyton will exit Levi's Stadium in Santa Clara, California as one of the greatest to ever play the game.

Behind the brash, super-talented Carolina quarterback Cam Newton, his Panthers were six-point favorites early this week to defeat Manning and the Denver Broncos. With a near-perfect 17-1 season record, there are good reasons why Carolina is favored.

But if you're a sentimentalist, wouldn't you love to see 39-year-old Manning (he'll be 40 next month) go out as a winner if this indeed is his last game as so many believe it will be?

Let's just look at Manning's enviable resume:

He'll be playing in his fourth Super Bowl. He has been the National Football League's Most Valuable Player four times. He holds league records for career passing yards and touchdown passes.

True, his lone Super Bowl victory was a 29-17 win over the Chicago Bears in 2006.

Although Manning has said he hasn't made up his mind about retirement, there are mixed reports.

He has told his brother, Eli, the New York Giants quarterback, "You're going to be playing a lot longer than me." And following the Bronco's defeat of the New England Patriots for the AFC Championship, a boom microphone picked up an exchange between Manning and Patriots coach Bill Belichick in which Manning said, "This might be my last rodeo, so it sure has been a pleasure."

It has been proven so often that retirement for athletes is difficult. In Manning's case, common sense might tell you that with four neck surgeries that sidelined him

for the 2011 season and a torn plantar fascia in his left foot that kept him out of six of the last seven regular season games this season, it's time to bow out.

Should the Broncos upset Carolina on Sunday, the odds probably increase for retirement as he could go out a winner. A loss, however, might be a different scenario.

There's a 13-year age difference between Newton and Manning. And Newton's 45 touchdowns in the regular season – including 10 rushing TDs – are factors in Carolina's favorite status.

Millions will be watching this titanic showdown between Manning and Newton, including football fanatics that are paying up to \$17,000 for a 50-yard sideline seat in Levi's Stadium.

Spring Training Reporting Dates Near

In just two weeks, spring training will begin here for the Boston Red Sox and the Minnesota Twins as well as the 28 other Major League teams opening camps in Florida and Arizona.

Red Sox pitchers and catchers will report on February 18 at Jetblue Park at Fenway South, with the first workout scheduled the next day. Boston position players will report on February 23.

The Minnesota Twins will welcome pitchers and catchers on February 21 at CenturyLink Sports Complex, with position players reporting on February 26.

However, if you visit either facility now, you will find that many of the players already are here and working out.*

Sanibel 8-Ball Pool League

Sandycappers Extend Edge

SANIBEL 8-BALL POOL LEAGUE 2015-16

Standings through February 1

Standing	Team Name	Won	Lost
First	Bunt's Ball Busters	220	120
Second	Sandycappers	176	164
Third	Sanibel Café	165	175
Fourth	Fresh Legion Crew	119	221

February 1 Results

Bunt's Ball Busters	13	Fresh Legion Crew	7
Sandycappers	11	Sanibel Café	9

In a rousing speech to his team prior to its match with Sandycappers, captain Rich McCurry emphasized that this night was a night to "catch up." Only nine games separated the second and third place teams, with eight weeks of league play remaining. When the contents of McCurry's speech was relayed to Sandycapper captain Kevin Pottorf, he retorted, "The only 'ketchup' McCurry will find tonight will be in the bottles at his Sanibel Café." Pottorf called it right as his team edged McCurry's, 11-9, to increase its hold on second place to 11 games.

Jeff Brown and John Bates led the Sandycapper attack with 3-1 wins over Kelly Greten and Rich McCurry. Jimbo Gaubatz was top dog for Sanibel Café with a 3-1 pounding of Jack Dalton in spite of Dalton's use of his unusual time-wasting rail first safety break.

Terry Ricotta posted the only 4-0 of the night as he whitewashed Tom Yorgey and led Bunt's Ball Busters to a 13-7 victory over Fresh Legion Crew. He was backed by Mike DeWitt and Bob Buntrock, who fashioned 3-1 wins over Chip Gelpi and the combination of Gator Gates and Nate Buffam. High point of the match for the Legion Crew, however, was the inspired shooting of Becky Skog as she dispatched Ball Buster Dave Doane, 3-1, with her one loss coming when she knocked the eight-ball in out of turn.*

Doctor and Dietitian

Be Alert When Dining Out



by Ross Hauser, MD and Marion Hauser, MS, RD

It's relaxing to let someone else cook. That's why most of us eat out one or more times a week. The problem is we generally consume hundreds more calories when we eat at a restaurant, especially with the large portions we polish off.

Even though we recommend cooking your own fresh foods, there are ways to eat out in a more healthful and calorie-conscious way, which include some planning and assertiveness.

Plan ahead by checking out the restaurant's website for the menu's nutritional information. However, in preparation, don't deprive yourself by skipping meals, because you'll only be more tempted to scarf down the basket of chips or bread,

and the hundreds of calories that come with it.

Order smart. Restaurants will honor all kinds of special requests, so don't be shy about making them if you're cutting calories. First, try skipping the bread basket and ask for a plate of raw vegetables to munch on. Ask for grilled, baked, broiled, poached or steamed foods instead of fried. Order a smaller portion of meat and a larger portion of salad or vegetables. Request extra veggies as a side, instead of rice or potatoes. Try two appetizers instead of an entrée, such as a seafood and a vegetable-based appetizer. You can even talk to your server about boxing half of your entrée before it arrives at the table, or splitting an entrée with your dining partner.

Gotta have a steak? A 10-ounce rib-eye packs over 700 calories, so try five ounces of leaner cuts such as tenderloin, flank, or strip. And if you can't resist the dessert, share one between everyone, so you get a bite to satisfy your sweet tooth.

Be good to your body and make healthy choices wherever you eat.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.**

Rec Center Fun Day Rates

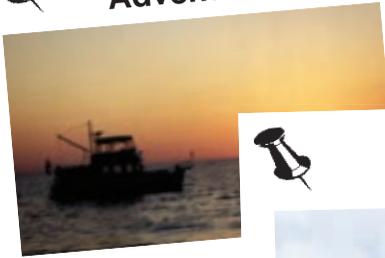
Register your child now for the upcoming Fun Day to be held on Monday, February 15. The Fun Day will offer a variety of athletic games, craft projects and special entertainment. Enrollment is available for children in kindergarten through eighth grade. This program operates from 8 a.m. to 5:30 p.m. Each child needs to bring a lunch, swimsuit and towel. Light snacks will be provided.

Register in advance and receive the "Early Bird" rate of \$25 for members and \$33 for non-members \$33 (registration by February 8); regular rate is \$30 for members and \$40 for non-members (registration on or after February 9).

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, call 472-0345 or visit www.mysanibel.com.*

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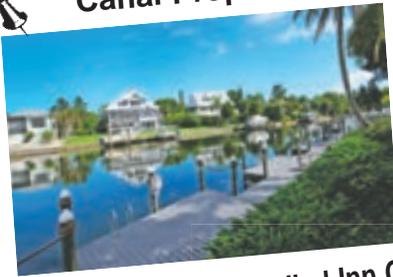


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Superior Interiors

It's All About You

by Barb Cacchione



Whether you're about to begin a decorating project or are in the midst of one, it's a good idea to take stock and consider the following:

Does your home – and the decorating products you've

selected – reflect your personality?

What kind of statement does your home make about you?

It's my belief that your home should indeed say something about you – your personal interest, the area in which you live, your culture, your talents, your loves. In other words, your home should look different from a showroom in a furniture store. Don't make the mistake of copying someone else's design, instead of pursuing your own personal style.

Of course, you will want to consider current trends and fashions, but try not to use what's "in" to the exclusion of decorating for your individual taste. If you decorate with a personal touch, you will

find you will be happy with your choices two years or even 10 years from now.

Once you've learned the basics of good design it's simple to filter through new looks and the multitude of choices available to you.

One decorating myth that has been discarded in recent years is that good decorating must be limited to only one interior design style. It's not unusual these days to see several different compatible styles within the same household.

If you're starting a project, give serious thought to your personal preferences and current trends, and then set a budget. When making major purchases, such as upholstered pieces, floor coverings, and window treatments, buy the best quality you can afford, as these pieces will be with you for a long time. Resist becoming too faddish in shape, color and pattern and you'll be able to live with your choices for years.

Add drama to your rooms with wall-covering or paint, area rugs, pillows and accessories. And by all means, consider consulting with a professional decorator. They know how to help you make your decorating dreams come true.

Barb Cacchione is an interior designer on Sanibel/Captiva Islands. She can be reached at barb@coindecdecn.com. ✨

During the exhibition, which begins at 1:30 p.m., there will be a raffle for great prizes, and beverages will also be available for purchase. Immediately following the exhibition, there is an opportunity for amateur players to play and compete with a professional in the 2nd annual Pro-Am event.

Space is limited for the Pro-Am event, so you must RSVP to the tennis department for your spot at tennis@sundialresort.com or call Erica Cossairt at 395-6025. The cost is \$25 per person.

Sundial Beach Resort and Spa is located at 1451 Middle Gulf Drive on Sanibel. For additional information, visit sundialresort.com. ✨

Tennis Showcase

Sundial Beach Resort and Spa will host the 2nd annual Tennis Showcase and Pro-Am event with professional tennis player Jesse Witten and friends. Guests can enjoy some of the best tennis play in the area with an exhibition on Friday, February 5 at Sundial Beach Resort & Spa on Sanibel Island. Admission is free for spectators of the showcase.

Witten, originally from Naples, is a professional tennis player who recently competed in the 2015 U.S. Open qualifying tournament. He is a former Lely High School tennis star and University of Kentucky All-American.



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Ribbon Cutting At The Clam Shack



The Sanibel & Captiva Islands Chamber of Commerce recently held a ribbon cutting for The Clam Shack and welcomed the restaurant and its staff into the business family. Owners Laurie and Mark Thomas, center, hosted the event at the 2407 Periwinkle Way location (inside the Islander Center) on January 20. Appetizers and drinks were served to celebrate the occasion. photo by Bob Petcher

American Legion Post 123

On Sunday, February 7, Post 123 will host a Football Tailgate Party all day long, with a 50-inch TV raffle at halftime, 9-Ball Tournament starting at 1 p.m. and lots of food.

On Wednesday, February 10, the American Legion's general meeting will begin at 6 p.m.

On Sunday, February 14, treat your valentine to barbecue ribs and chicken at Post 123, served from 1 to 8 p.m.

On Mondays, the 8-Ball Pool League plays at 5 p.m.

Every Tuesday, tacos are served all day and on Fridays, it's a six-ounce ribeye steak sandwich. There are daily specials as well as the popular half-pound burgers. Food is served from 11 a.m. to 8 p.m. The public is welcome.

The Ladies Auxiliary has cookbooks available for a donation of \$15.

If you have an American flag that needs to be retired, drop it off at your convenience.

Legion hours are Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m.

American Legion Post 123 is located at Mile Marker 3 on Sanibel-Captiva Road. For more information, call 472-9979. ✨

Senior PGA Tour At Twin Eagles

submitted by Max Friedersdorf

During the past 28 years, just about every nook and cranny of Collier County has hosted the Senior PGA Golf Tournament. The tournament is now named The PGA Champions Tour.

Since 1988, when Gary Player won the inaugural event at Pelican Bay, the tourney has been played on nine different Collier County golf courses and over these years has had seven different sponsors. Other Collier County courses previously hosting the Senior Tour include The Vineyards, Lely Resort, Bay Colony, Pelican Marsh, Quail, West, TPC Treviso Bay and The Quarry.

Some big names that have won during the past 28 years include Gene Littler, Lee Trevino, Bob Murphy, Al Geiberger, Hale Irwin, Lanny Wadkins, Craig Stadler, Loren Roberts and Kenny Perry.

The latest sponsor change, curiously, came just days ago when The Ace Group Classic, the host for the past 17 years and a familiar golf tournament brand, was replaced as the Chubb Classic. The name change came about after Ace Limited acquired insurance giant The Chubb Corporation.

For the fifth straight year, starting on February 9, the 2016 tournament will be on the Talon Course at beautiful Twin Eagles Golf Club. Twin Eagles is located six miles east of I-75 off Immokalee Road in Naples.

This year's field appears to be one of the strongest ever, with golf icons Fred Couples, Tom Kite, Bernard Langer, Sandy Lyle, Colin Montgomerie, Larry Nelson, Mark O'Meara, Curtis Strange and the 2015 champion, Lee Janzen.

Sixty-one former PGA Tour winners are in the field, including 16 former major winners. A total of 81 pros will be battling for a \$1.6 million purse.

Advance tickets are \$25 for a daily ticket, and \$50 for a weekly pass.

Children age 17 and under are free with a ticketed adult.

More information and tickets are available online at chubbclassic.com or by calling 593-3900. ✨

Adult Co-Ed Softball League

The Spring Sanibel Adult Co-ed Softball League will start on February 17. Games will be played at the Sanibel Ball Fields on Wednesday nights. The league teams must be registered by February 10. The fee is \$519.75 per team.

There will be an informational meeting on Thursday, February 11 at 5:30 p.m. at the Sanibel Recreation Center.

T-shirts and team trophies will be awarded to top teams.

For more information, or if you are looking for a team, contact Char Durand at the Sanibel Recreation Center, 3880 Sanibel-Captiva Road, at 472-0345 or visit www.mysanibel.com. ✨



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Web ID 215048030 \$7,000,000



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Jane Reader Weaver 239.850.9555
Web ID 214043066 \$4,295,000



3675 West Gulf Drive
Tisha Lestorti 239.233.9622
Web ID 215060584 \$3,850,000



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2451 Blind Pass Court
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1226 Isabel Drive
Wil Rivait 239.464.8108
Web ID 215056828 \$1,800,000



11103 Sierra Palm Court
Russ Crutchfield 239.560.2742
Web ID 215035066 \$975,000



2440 Moore Avenue
Pat Moore 239.233.1808
Web ID 215044911 \$975,000



Triana #44
Pat Moore 239.233.1808
Web ID 215057928 \$650,000



Blind Pass #F106
Brooke Brownyard 239.281.4179
Web ID 215053323 \$495,000



17160 Scout Camp Road
Stephanie Bissett 239.292.3707
Web ID 215070859 \$495,000



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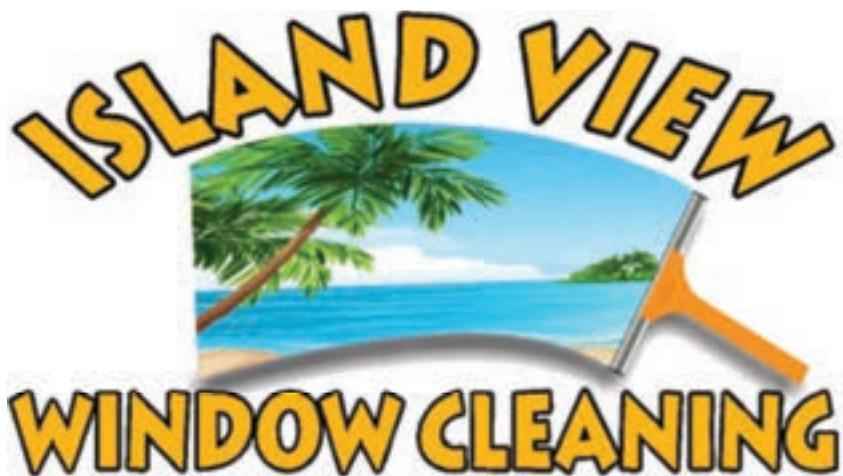
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From page 1B

San-Cap Heart Walk Highlights



Lee County's American Heart Association team



Team from Zonta Club of Sanibel-Captiva



Sanibel's Cub Scout Troop #140 leads the crowd in the Pledge of Allegiance



Sanibel's Center 4 Life team



Karl and Betty Humphries from Vermillion, Ohio



Debi Almeida and Paul Driscoll

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley, I currently have full custody of my 4-year-old niece. She has experienced several traumatic situations in her young life, but now she is in a stable situation. She hasn't had much preschool but I want to send her to kindergarten in the fall. Do you have information and/or advice for me about how a child who has had a lot of trauma functions in school?

Tara H., Fort Myers

Tara,

I am so sorry to hear that your niece has already suffered such trauma in her young life but so glad to hear that you will now be her caregiver and provide a stable environment for her. You will most likely have challenges to face. Early traumatic experiences are frequently tied to poor health and can place children at risk for poor outcomes across multiple aspects of life.

Research tells us that childhood traumas of various sorts can cause kindergartners to struggle in class as well as life. These traumas include neglect or physical, sexual or psychological abuse. They also include living in a household with domestic abuse or with a household member who was in jail or prison, had a mental illness or had an addiction or substance abuse problem. One research study suggested that children with at least three adverse childhood experiences had 80 percent greater odds of having math, language and literacy skills below average than children with no childhood difficulties. Children with at least three tough experiences were more than three times more likely to have attention problems and almost three times more likely to have social problems. Their odds of showing aggression were also more than double those of children without adverse childhood experiences.

A child trying to cope and survive has less energy for learning, problem solving, playing and imagination. A child's emotional distress may also make it harder to concentrate and they may experience post-traumatic stress.

One of the first steps to reducing the negative impact of traumatic events on children is to increase awareness about how it can affect development. Maya Mendez, program coordinator for intellectual and developmental disabilities and mental health services at Providence Saint John's Child and Family Development Center in Santa Monica, California said, "When parents are aware, then they are more likely to seek support and help from community resources. Awareness also increases detection and recognition of difficulties and parents may be more likely to take steps to prevent exposing their young child to additional trauma."

"When the child is having signs of difficulty in the school arena, parents and teachers can then address the

problem and keep the child progressing towards their goals, both in school and in life," said Mendez. "Parents can be loving towards their children, be inquisitive about their lives and have open communication with the child's teacher" to create a nurturing environment for children, she added.

"The love and unconditional support of a warm and nurturing caregiver can serve as a critical source of strength and as a buffer for the adversity children may face in their lives," she added. "But sometimes even the best parents can't do it alone. Many face unbelievable challenges, and that's why it's important that we build systems that can be a source of support."

Make sure to reach out to school and community supports for your young niece. For more on the effects of adverse childhood experiences, visit the U.S. Centers for Disease Control and Prevention online at www.cdc.gov/violenceprevention/acestudy.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

San-Cap Kiwanis Supports Sanibel School Fund



Principal Barbara Von Harten, right, receives a sponsorship check from Kiwanian Alan Markus

Principal Barbara Von Harten of The Sanibel School visited the Sanibel-Captiva Kiwanis Club at their weekly meeting at The Dunes to thank them for their support and generosity. As a longtime, avid supporter of the community, Sanibel-Captiva Kiwanis is once again providing a sponsorship to The Sanibel School Fund's Blue Ribbon Partner program as the Premier Title Sponsor.

continued on page 23B

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SUNDAY, FEBRUARY 7TH • 9AM - NOON

Yachtsman Cove- 411 Lighthouse Way, Sanibel

Perfect Sanibel home! East end, steps to the beach, 4BR/3BA, direct access boat dock. Totally rebuilt in 2007. Community pool, and deeded beach access. A must see!

Beachview County Club Estates- 1317 Eagle Run, Sanibel

Luxury home with 4 BR/3.5BA, and approx. 10,000 sq. ft. - screen enclosure with pool & spa

Sanibel Isles- 1730 Jewel Box Drive, Sanibel

Custom 4BR, 3BA canal home. Dock with boat lift. Pool & Spa.

Island Beach Club- 2265 West Gulf Drive- Unit 350D, Sanibel

Gulf front 2BR/2BA condo. Weekly rentals allowed, owner pet too! Pool, tennis, on-site manager, this complex has it all...

Little Lake Murex- 580 Lake Murex Circle, Sanibel

Private & Secluded feel- Fully furnished 3/2- Elevator- pool- paved driveway- large lot- deeded beach access.

16897 Captiva Drive, Captiva

Captiva's best value 5 bedroom on 1.3 acres. Wide bay views- beach access- pool beautiful inside & out!

1PM - 4PM

Poinciana Park- 2806 Valencia Way, Fort Myers

Riverfront home with 168' of frontage. 3BR (2 master)/ 3BA with den, open lanai, pool, and views from every room.

Town & River Estates- 831 Deep Lagoon Lane, Fort Myers

2BR/2BA + den pool home on large corner lot with paver circular drive, low HOA fees, great location.

Caloosa Creek- 15650 Caloosa Creek Circle, Fort Myers

Lake front, 4BR/3BA, 2500 sq. ft., wood floors, cooks kitchen, large open porch, and electric shutters.

Yachtsman Cove- 411 Lighthouse Way, Sanibel

Perfect Sanibel home! East end, steps to the beach, 4BR/3BA, direct access boat dock. Totally rebuilt in 2007. Community pool, and deeded beach access. A must see!

Sanibel Seaview- 737 East Gulf Drive- Unit C3, Sanibel

Breathtaking views from this direct, beach front townhome with 3BR/3BA (bunk room), family room with fireplace, spacious cabana with 1BR/1BA, community pool, tennis, and elevator.

Beachview County Club Estates- 1317 Eagle Run, Sanibel

Luxury home with 4 BR/3.5BA, and approx. 10,000 sq. ft. - screen enclosure with pool & spa



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for List

Lagoon Estates- 1717 Sand Pebble Way, Sanibel

Spacious ground level home at the end of a quiet cul-de-sac with dock and beautiful bayou, and conservation views. 3BR/2BA, split floor plan, very large lot, close to beach and shopping

Gulfside Place- 1605 Middle Gulf Drive- Unit 117, Sanibel

Completely remodeled Gulf front 2BR 2 BA plus den condo. Private stairway to beach & pool.

Sanibel Isles- 1730 Jewel Box Drive, Sanibel

Custom 4BR, 3BA canal home. Dock with boat lift. Pool & Spa.

Island Beach Club- 2265 West Gulf Drive- Unit 350D, Sanibel

Gulf front 2BR/2BA condo. Weekly rentals allowed, owner pet too! Pool, tennis, on-site manager, this complex has it all...

Seascape of Sanibel- 3145 West Gulf Drive- Unit 301, Sanibel

Gulf of Mexico views in this large 3BR/2BA condo; family room, 2 secured parking spaces under building, pool, tennis, beach walk-over, and many more lovely architectural details.

Lake Murex- 3335 Twin Lakes Lane, Sanibel

Near beach, elevated 3BR/2BA home with deck overlooking lake & pool, southern exposure, and new AC

Little Lake Murex- 580 Lake Murex Circle, Sanibel

Private & Secluded feel- Fully furnished 3BR/2BA, elevator, pool, paved driveway, large lot, deeded beach access.

Sea Oats- 532 Sea Oats Drive, Sanibel

Magical Olde Florida Style w/ Victorian detail. Spacious lake front home with 45' lap pool- 3 minutes to West Gulf Drives sandy beaches.

Belle Meade- 9248 Dimmick Drive, Sanibel

3BD/3BA, open plan living, over-sized lot, swimming pool with screen enclosure. Lots of privacy on desirable West end.

Belle Meade- 9292 Belding Drive, Sanibel

3 BR 2.5BA updated home on large lot (158x140) with huge screened porch overlooking conservation land

MONDAY, FEBRUARY 8TH • 9AM - NOON

Lighthouse Point- 200 Periwinkle Way- Unit 217, Sanibel

East end- 2BR, 2BA, den & partial bay views. End unit for added privacy, and beautiful wood floors.

Yachtsman Cove- 411 Lighthouse Way, Sanibel

Perfect Sanibel home! East end, steps to the beach, 4BR/3BA, direct access boat dock. Totally rebuilt in 2007. Community pool, and deeded beach access. A must see!

Sanibel Estates- 923 South Yachtsman Drive, Sanibel

Spacious 3BR/2BA, two- story home w/elevator, fireplace, caged heated pool, on wide canal, East end of Sanibel. Beautiful landscaping, serene surroundings, a perfect olde Florida design.

Sanibel Seaview- 737 East Gulf Drive- Unit C3, Sanibel

Breathtaking views from this direct, beach front townhome with 3BR/3BA (bunk room), family room with fireplace, spacious cabana with 1BR/1BA, community pool, tennis, and elevator.

Shell Harbor- 755 Pen Shell Drive, Sanibel

Large corner lot, Ground level 3BR/2BA renovated home w. many upgrades. Eat in kitchen, large family room, formal living room, screened pool, and seawall canal.

Beachview County Club Estates- 1317 Eagle Run, Sanibel

Luxury home with 4 BR/3.5BA, and approx. 10,000 sq. ft. - screen enclosure with pool & spa

The Dunes- 1076 Sand Castle Road, Sanibel

Home in the Dunes Golf and Tennis Club 2BR/2BA with bonus room, screened heated pool and spa with waterfall. A perfect island home!

2010 Sunrise Circle, Sanibel

Breathtaking views from this large family home in a great central location. Hard to find five bedroom home with elevator, large screened lanai and oversized pool with spa

1PM - 4PM

Yacht Club- 5327 Mayfair Court, Cape Coral

No bridges and quick access to the Gulf. 3BR/2.5BA, den, boat lift, tiki hut, and swimming pool with spa.

Lighthouse Point- 200 Periwinkle Way- Unit 217, Sanibel

East end- 2BR, 2BA, den & partial bay views. End unit for added privacy, and beautiful wood floors.

Yachtsman Cove- 411 Lighthouse Way, Sanibel

Perfect Sanibel home! East end, steps to the beach, 4BR/3BA, direct access boat dock. Totally rebuilt in 2007. Community pool, and deeded beach access. A must see!

Sanibel Seaview- 737 East Gulf Drive- Unit C3, Sanibel

Breathtaking views from this direct, beach front townhome with 3BR/3BA (bunk room), family room with fireplace, spacious cabana with 1BR/1BA, community pool, tennis, and elevator.

Shell Harbor- 755 Pen Shell Drive, Sanibel

Large corner lot, Ground level 3BR/2BA renovated home w. many upgrades. Eat in kitchen, large family room, formal living room, screened pool, and seawall canal.

Beachview County Club Estates- 1317 Eagle Run, Sanibel

Luxury home with 4 BR/3.5BA, and approx. 10,000 sq. ft. - screen enclosure with pool & spa

2010 Sunrise Circle, Sanibel

Breathtaking views from this large family home in a great central location. Hard to find five bedroom home with elevator, large screened lanai and oversized pool with spa

Gulfside Place- 1605 Middle Gulf Drive- Unit 117, Sanibel

Completely remodeled Gulf front 2BR 2 BA plus den condo. Private stairway to beach & pool.

Sanibel Isles- 1730 Jewel Box Drive, Sanibel

Custom 4BR, 3BA canal home. Dock with boat lift. Pool & Spa.

Island Beach Club- 2265 West Gulf Drive- Unit 350D, Sanibel

Gulf front 2BR/2BA condo. Weekly rentals allowed, owner pet too! Pool, tennis, on-site manager, this complex has it all...

Sedgemoor of Sanibel- 2549 West Gulf Drive- Unit 102, Sanibel

Exceptional offering, large 3BR/3.5BA, direct Gulf front, luxury living in an exclusive enclave. Top- drawer appointments.

Little Lake Murex- 580 Lake Murex Circle, Sanibel

Private & Secluded feel- Fully furnished 3BR/2BA, elevator, pool, paved driveway, large lot, deeded beach access.

West Rocks- 3870 Coquina, Sanibel

Charming Sanibel cottage with breathtaking water views and steps to beach access! Vaulted ceilings, fireplace in great room, 3BR/2BA, screened lanai, overlooking a peaceful lake.

Belle Meade- 9248 Dimmick Drive, Sanibel

3BD/3BA, open plan living, over-sized lot, swimming pool with screen enclosure. Lots of privacy on desirable West end.

Tradewinds- 1380 Jamaica Drive, Sanibel

Only 100 steps to the beach. 2 BR, 2 BA plus den on a double lot.

5131 Sanibel Captiva Road, Sanibel

Remodeled 2BR/2BA beach cottage. Short bike to Blind Pass Beach.

16464 Captiva Drive, Captiva

150 ft of prime beachfront property, walls of glass overlooking the Gulf, 4 bedrooms, 4 baths and 2 outdoor showers.

16897 Captiva Drive, Captiva

Captiva's best value 5 bedroom on 1.3 acres. Wide bay views- beach access- pool beautiful inside & out!

Sanibel Isles- 1730 Jewel Box Drive, Sanibel

Custom 4BR, 3BA canal home. Dock with boat lift. Pool & Spa.

Sedgemoor of Sanibel- 2549 West Gulf Drive- Unit 102, Sanibel

Exceptional offering, large 3BR/3.5BA, direct Gulf front, luxury living in an exclusive enclave. Top- drawer appointments.

Lake Murex- 3335 Twin Lakes Lane, Sanibel

Near beach, elevated 3BR/2BA home with deck overlooking lake & pool, southern exposure, and new AC

West Rocks- 3870 Coquina, Sanibel

Charming Sanibel cottage with breathtaking water views and steps to beach access! Vaulted ceilings, fireplace in great room, 3BR/2BA, screened lanai, overlooking a peaceful lake.

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16897 Captiva Drive, Captiva

Captiva's best value 5 bedroom on 1.3 acres. Wide bay views- beach access- pool beautiful inside & out!

16464 Captiva Drive, Captiva

150 ft of prime beachfront property, walls of glass overlooking the Gulf, 4 bedrooms, 4 baths and 2 outdoor showers.

13550 Palmflower Lane, Captiva

4BR/3.5BA with den. Gulf front home with beach access and a boat dock.

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Eden Energy Medicine

Give Yourself A Big Hug To Reduce Stress



by Karen L. Semmelman, Certified EEM, JD, AAML (03-12)

Do you find yourself sometimes just staring out the window or getting in your car and just not feeling like you want to go

anywhere or do anything, even though you have an entire list to complete? If so, this is the time to give yourself some love with a big hug just for you. Why? We all need support and an energetic boost is such a powerful way to get you jump-started if you are in the doldrums. There are a number of options, so try any of them and feel instantly uplifted.

First, the Triple Warmer Spleen Hug calms down the entire body instantly. Place one hand (either one) on the opposite elbow. Place the other hand around the upper side, with the thumb about 4 inches down from the armpit. Hold and rock if you like. Switch sides if you need more decompressing. It works because Triple Warmer (The Commander of our Energies) is

being sedated and Spleen (the great metabolizer of everything going through the body, including emotions) is being strengthened.

A second technique is to cross the arms and place the fingers under the armpits and the thumbs resting right below the outer edge of the collar bone. Sit and breathe deeply in through the nose and out through the mouth for several breathes until you feel yourself calming and being re-energized. Why does it work? We are influencing the central meridian: the heart, stomach and governing Neurolymphatic points. The heart and the lungs themselves are over lapping all the meridians that run through the front and sides of the body; etc.... And, it just feels darn good.

Or try making a big heart around your entire chest and then do a hug for yourself. Add, as Donna says, an umm, ummm, ummm to the hug and it feels doubly good. Any of these will send loving, kind, supportive energy right to you when you need that boost...

Have fun with your energy! Next week's topic is Feeling a Cold Starting? Push the Biceps.

*If you have a question, email Karen Semmelman at SemmEnergyCenter@gmail.com. Learn more at www.semmelmanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.**



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Sanddollar B-204 - Condo with Panoramic Gulf Views 580 Lake Murex - Fully Furnished - Close to Beach



Breathtaking direct gulf views in this spacious corner 2 bedroom/2 bathroom unit located on the 2nd floor. Open concept living, all rooms beautifully furnished, high impact sliders, and weekly rentals that provide GREAT RENTAL INCOME! Sanddollar offers community pool and tennis, picnic area, exterior storage and elevators. Life's a Beach, so why not live there!

MLS#2141134 - \$920,000



This property sits on a large lot, beautifully furnished, updated kitchen, open concept living, plantation shutters, finished downstairs with tile flooring, which can be accessed by elevator, 2-car garage, and welcoming paver driveway. While relaxing out on the covered deck, you can look over the pool and into the preserves where city noise and stress are just a vague memory.

MLS#2150893 - \$1,599,000

3335 Twin Lakes - Spectacular Lakefront



This 3 bedroom/2 bath, split floor plan elevated home has an updated kitchen and newer appliances, new carpet in bedrooms, interior stairs to the garage, spacious deck overlooking the screen enclosed pool and lake with desirable southern exposure. Two car garage with wonderful storage area, paved driveway, and a short walk or bike ride to the deeded beach access. New AC & water heater 2015.

MLS#2150885 - \$874,900

17800 Broadway Avenue - Fort Myers Beach



Boaters' Dream set up! This 3 bedroom/2 1/2 bath home boasts 2 10,000 lb. boat lifts with canopies to protect your vessel, intersecting canals on two sides of the property, 250ft of waterfront, 2 composite docks with water/electric, hidden shed w/parking, plantation shutters, crown molding, stainless steel appliances, and much, much more!

MLS#2150593 - \$779,000

11530 Isle of Palms, Ft. Myers Beach



Key West style 4BD/3BA home located in gated Palm Isles. Direct, deep water gulf access with private dock and 10,000lb. boat lift. Significant upgrades/improvements. Large kitchen w/island, new appliances, granite. Remodeled master bathroom, new tile on the diagonal throughout home, impact windows, salt water pool & heater, brick pavers on pool deck & lanai.

MLS 215068144 - \$799,900

1633 Periwinkle Way, C OFFICE CONDO



Office Condominium with Periwinkle frontage. Convenient on and off island. Large lobby and desk area, laminate wooden floors, bathroom with shower, kitchen, office work space and storage.

MLS 2150458 - \$295,000

5706 Sanibel Captiva Rd. LOT PRIVATE



Direct access 1.16 acre tract of land. Eco Zone F with 15,161 sq. ft. of impervious and 17,687 sq. feet development allowed by City. Ideal canal front building site.

MLS#2150773 - \$449,000

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Bank Returns As Gold Sponsor

Bank of the Islands, a long-running major supporter of the Kiwanis Spaghetti Dinner, recently announced their return as a Gold Level sponsor for the 2016 Spaghetti Dinner to be held on February 27 at the Sanibel Community House. In welcoming their return, Kiwanis President Eric Pfeifer said: "The Kiwanis Club is honored by the loyal support and generosity Bank of the Islands has shown to this event over the years. With their support for our annual Spaghetti Dinner, BOTI has been an important partner in our club's work to serve the youth of this community." ✨

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ISLAND SUN BUSINESS NEWSMAKERS

Veteran Agents Join Royal Shell



Arlene Fishman



Greg Keck



Jerry Niesman



Kaitlin Rae

Don DeLuca, broker of Royal Shell Real Estate, announced that top producing veteran agents Arlene Fishman, Greg Keck, Jerry Niesman, Kaitlin Rae, John Tolisano, Deborah Viglas and Marc Wozny have joined Royal Shell Real Estate, Inc. ✨



John Tolisano

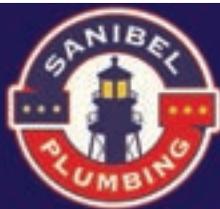


Deborah Viglas



Marc Wozny

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Jonathan McDonald:

Jonathan McDonald comes from a family of skilled plumbers and is currently a technician with Sanibel Plumbing having more than 10 years of experience in the trade. Mr. McDonald joined the team two years ago with his primary role as a lead tech for large repair work, remodeling jobs and new construction plumbing projects. McDonald brings a high level of past training and experience to apply to his work, having worked in construction, plumbing and gas pressure piping as well as serving four-years in the United States Navy as a Submariner and an additional two years of service in the Army."

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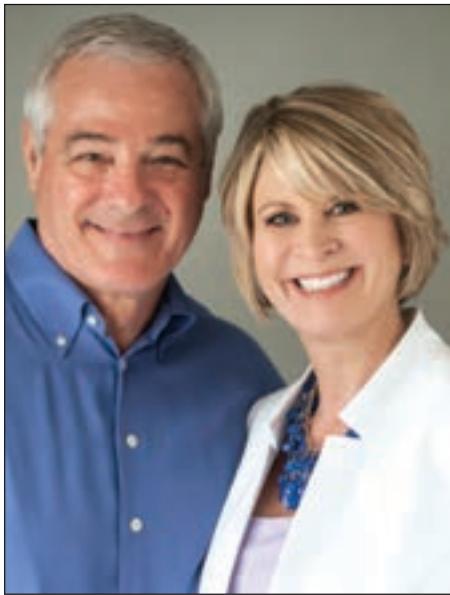
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Dana Coin, owners of Decorating Den Interiors of Sanibel, achieved Chairman's Circle status for being in the top five percent in sales in 2015.

"The Chairman's Circle awards are the first we announce each year," said Jim Bugg, Jr., president and CEO. This recognition was started by James S. Bugg, Sr., who died last year. He had served as company chairman since 1984, and oversaw the company's growth from practically all its franchisees being homebased to its current makeup in which nearly all of its larger units are based in outside studio/offices with a team of decorators and other support staff.

"Linda and her husband, Dana, purchased an existing DDI business in January of last year and grew it quickly and significantly to achieve this ranking," added Bugg. "It's a remarkable achievement."

Decorating Den Interiors, which was founded in 1969, has locations throughout the U.S. and Canada and is ranked in Entrepreneur magazine's list of top 500 companies. Its design professionals represent hundreds of home furnishings suppliers and provide convenient complimentary design consultations in the client's home or office.

For more information, visit www.decoratingden.com. *

Dana and Linda Coin

Sanibel Designers Among Best In North America

Decorating Den Interiors, North America's largest home furnishings and interior design company, announced that Linda and



"Ding" Darling Wildlife Society's Sarah Lathrop and South Seas' Daniel Smock

South Seas Resort Goes Wild For 'Ding'

South Seas Island Resort on Captiva Island has stepped up to sponsor at the Guardian Level for the Go Wild for "Ding" Darling's Dance of the Reddish Egret fundraiser on Tuesday, February 23.

"Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) will host the event to benefit wildlife research and other conservation and education programs at

the JN "Ding" Darling National Wildlife Refuge. Attendance is by reservation only.

For more information, visit dingdarlingsociety.org/go-wild.

As a non-profit 501(c)3 organization, DDWS works to support J.N. "Ding" Darling National Wildlife Refuge's mission of conservation, wildlife and habitat protection, research and public education through charitable donations and Refuge Nature Shop proceeds.

To support DDWS and the refuge with a tax-deductible gift, visit www.dingdarling-society.org or contact Birgie Miller at 292-0566 or director@dingdarlingsociety.org.*

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Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

I have always tried to take care of my health. Years ago when I was told I should have a yearly physical, I did it.

My husband and I retired and we moved to a new location and the new doctor said that he wanted to see us every six months, to catch any health problems early. That was fine with us.

Recently we moved to another retirement area of the country and here it is completely different.

I went to a new young doctor and it just turned out to be a discussion, no examination, just a general update and a conversation about a series of new tests. He ordered tests that he thinks are needed considering my age, gender, my family and my personal history. He asked if I had any complaints, and that was it.

It all seems very strange to me. Do you know if this is the new approach to care for the healthy elderly?

Tina

Dear Tina,

You are most fortunate that you enjoy good health and that you also have a physician who is practicing up-to-date medicine.

According to Johns Hopkins medical letter of May 2008, traditional examinations and tests "rarely detected or prevented underlying diseases in healthy adults who were not experienc-

ing symptoms." So instead of the traditional annual physical, many physicians are now concentrating on preventive services and ordering tests customized to the patient's individual needs. Also this "as needed" approach means that the patient plays an important role in managing his or her own preventive care."

This seems to be the new approach, but I am sure that many physicians and their patients would still prefer the more traditional physical examination.

Lizzie

Dear Tina,

I have heard this from a number of individuals, thinking their physicians were not appropriately caring for them. I spoke with a few physicians in the area and they recounted the same information as found in the Johns Hopkins letter. I know it is difficult when changes are not explained. However, it does seem from the literature that this change is a positive change and supported by research. It is important to have an open and honest relationship with your health care providers. If this change is of concern to you, discuss your concern with the physician.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.*

Historical Village Thanks San-Cap Rotary Club

The Sanibel-Captiva Rotary Club recently donated \$4,000 to the Sanibel Historical Museum & Village. The money is to mitigate the cost of new pavers on the walkways throughout the village, replacing the old boardwalk-style paths.

"The new pavers are safer and a much-needed improvement," said village president Karl Rodman. "We're very grateful to Rotary. Its members have been very good to us. I'd like to thank in particular John Grey, chair of the Sanibel-Captiva Rotary Trust, and Bill Rahe, the club's immediate past president."

For more information, call 472-4648 or visit www.sanibelmuseum.org.*

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dearPharmacist

Save Your Brain, Learn Faster And Calm Down



by Suzy Cohen, RPh

Dear Pharmacist:

I lost my car at the mall and had to ask the security guy to drive me around and find it. I was practically in tears after roaming around the parking lot for 20 minutes.

At the time, I just thought, "I'm losing my mind, how do I not remember this?!"

Then I thought about it, I have a hundred million thoughts in my head, and when I parked, I parked at a location I never usually park in near a store I never go to. And I had been wrapped up in an important and intense conversation on the phone (while I was driving and parking) and... are you assuming these are excuses? Maybe so. But it made me think that memory loss, and other injuries of the brain could impact your quality of life. It's scary.

Your brain should be properly 'fed' and 'exercised' and in good shape. I can teach you how to save your brain, and support yourself if you're dealing with memory issues, brain fog, or mild issues related to traumatic brain injury (TBI) or Toxic Encephalopathy.

I'm only offering suggestions to save your brain today, I'm not sure what's safe for you or effective for your individual condition so please speak to your neurologist before trying any of these supplements:

Fatty Acids – Why not, your brain is made of fat? Fat is an integral part of your brain, so it's first up for that reason. One of the most important types of supplements you can take would be something high in DHA, docosahexaenoic acid. You'll find DHA in supplements labeled "DHA" as well as in Salmon Oil, Fish Oils, Chia Seed Oil and Krill.

Mullein Root – A little harder to find, it has mild anti-spasmodic effect. Since it has an affinity for facial nerves, some holistic doctors suggest Mullein for Bells Palsy, Trigeminal Neuralgia or other facial nerve pain syndromes associated with brain-injury.

Acetyl L carnitine – It's capable of repairing brain cells (neurons) and it is known to prevent age-related memory decline. It turns into acetylcholine in the brain which can help you with learning. Doctors often suggest it for stroke victims.

Ginkgo biloba – A well-known herb that sends blood up to your brain and it could help with both short and long-term memory. It seems to help balance the various catecholamine neurotransmitters (dopamine, norepinephrine, adrenalin) as well as serotonin and cortisol levels! Taken together this can help revitalize a fading memory, reduce anxiety and improve your mood.

Ashwagandha – This is known to help with thyroid function over time by raising

thyroid hormone levels but it can make you sleepy. Studies suggest that it's a good choice if you have insomnia related to any brain injury, including TBI.

For a more comprehensive list of brain-saving supplements, please sign up for my newsletter at suzycohen.com and I'll send you the extended version of this in a newsletter.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.

From page 15B

School Fund

The culmination of this sponsorship program is the Blue Ribbon Classic golf tournament, which will be held at The Sanctuary Golf Club on Saturday, May 14. The Sanibel School is deeply appreciative of Kiwanis's ongoing relationship with the school and the many years during which it has shown its support.

Because of support from organizations like Sanibel-Captiva Kiwanis, and through the school's upcoming Annual Appeal, students at The Sanibel School are able to take lessons in Spanish beginning in kindergarten through eighth grade. The school serves approximately 340 students, is a nationally-recognized Blue Ribbon School and is rated a top K-8 school in the state of Florida.✪

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Saturday, February 13th

12:30pm-2:00pm – with Ross Hauser, MD
Norris Community Center
755 8th Ave South. Naples, FL 34102

Tuesday, February 16th

1:00pm-3:00pm – with Ross Hauser, MD
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- Anti-inflammatory pain medications actually accelerate arthritis.
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My Stars ★★★★★

FOR WEEK OF FEBRUARY 8, 2016

ARIES (March 21 to April 19) A gracious Lamb can learn more about a problem-filled situation than one who is openly suspicious of what could be happening. A friend might offer some well-directed advice.

TAURUS (April 20 to May 20) Getting adjusted to an unexpected change might be difficult for the Bovine who prefers things to go according to

plan. But help could come from a most welcome source.

GEMINI (May 21 to June 20) This could be a good time to get a head start on those career-related plans. The sooner you check out the pluses and minuses, the sooner you can act on your information.

CANCER (June 21 to July 22) A personal situation you thought would no longer present a problem suddenly could produce some surprises. Try to sort things out with the help of trusted colleagues.

LEO (July 23 to August 22) An upcoming move holds both anticipation and anxiety for Leos and Leonas who have some big decisions to make. Advice is plentiful, but it's up to you to decide which way you want to go.

VIRGO (August 23 to September 22) Someone from a previous project could provide valuable guidance on how to handle a current problem, especially where it might involve a legal matter.

LIBRA (September 23 to October 22) A business situation presents some unexpected complications. But rather

than try to handle them all at once, it would be best to deal with them one at a time.

SCORPIO (October 23 to November 21) You just might get what you want, despite the odds against it. In any event, be sure to thank all those people involved who believed in you and went to bat for you.

SAGITTARIUS (November 22 to December 21) Before you even hint at an accusation, remember that you'll have to prove what you say. So be sure you have what you need to back up your

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comments.

CAPRICORN (December 22 to January 19) A romantic situation takes an unexpected turn that favors some Sea Goats, but causes others to reassess how they've been handling the relationship.

AQUARIUS (January 20 to February 18) A surprise turn of events could unsettle the Water Bearer. But it also might help open up an entirely different way of working out an important matter.

PISCES (February 19 to March 20) A smoothly running operation could bump up against an obstacle. This is where your ability to assess situations and make adjustments can restore things to normal.

THIS WEEK IN HISTORY

BORN THIS WEEK: Your kindness is legendary, and so is your strong sense of responsibility.

- On Feb. 14, 1867, Sakichi Toyoda, whose textile machinery company spawned the Toyota Motor Corp., is born. In 1937, Toyota was formed as a spinoff of his Toyoda Loom Works. "Toyota" reportedly was considered a luckier name than "Toyoda" and is easier to write in Japanese characters.

- On Feb. 11, 1937, after a six-week strike by General Motors autoworkers in Michigan, GM president Alfred P. Sloan signs the first union contract in the American auto industry. Among other things, GM agreed to give workers a 5 percent raise and permission to speak in the lunchroom.

- On Feb. 8, 1943, Japanese troops evacuate Guadalcanal, leaving the island in Allied possession after a

prolonged campaign in which an estimated 1,600 American troops were killed.

- On Feb. 10, 1962, Francis Gary Powers, an American who was shot down over the Soviet Union while flying a CIA spy plane in 1960, is released by the Soviets in exchange for the U.S. release of a Russian spy. The event was chronicled in the 2015 film "Bridge of Spies" starring Tom Hanks.

- On Feb. 9, 1971, pitcher Leroy "Satchel" Paige becomes the first Negro League veteran to be nominated for the Baseball Hall of Fame. In August of that year, Paige was inducted. Joe DiMaggio once called Paige "the best and fastest pitcher I've ever faced."

- On Feb. 12, 1988, in the waning days of the Cold War, two Soviet warships bump two U.S. Navy vessels in waters claimed by the Soviet Union off the Crimean peninsula. A confrontation was defused when the U.S. ships departed.

- On Feb. 13, 1991, Sotheby's announces the discovery of a manuscript of "Huckleberry Finn" by Mark Twain. The manuscript, missing for more than a century, was found in a trunk with some old papers.

STRANGE BUT TRUE

- It was Polish-born American rabbi and philosopher Abraham Joshua Heschel who made the following sage observation: "When I was young, I admired clever people. Now that I am old, I admire kind people."

- In medieval France, if a married woman kissed or allowed herself to be kissed by a man other than her husband, she could be found guilty of adultery.

- In the summer of 1100, King William II of England went for a hunt in the New Forest, bringing along, of course, an entourage of nobles. One of his attendants, Walter Tirel, had a good opportunity to target their quarry, and the king urged, "Shoot! Walter, in heaven's name!" Tirel did, indeed, shoot, but the arrow evidently ricocheted off a tree and hit the king, killing him.

- Early cars in the United States didn't have steering wheels; they were maneuvered by using a control similar to a joystick.

- Those who study such things say the sport of boxing originated with the ancient Greeks and dates back to at least 688 B.C. It looked somewhat different then, though; at that time there were no gloves and no boxing ring. In fact, the fighters weren't even standing; they battled it out while sitting down facing each other. The fight continued until one participant was battered into unconsciousness.

- All of today's housecats are descended from one particular kind of Middle Eastern wildcat.

- In what is now Minnesota, early European settlers came across a lake Native Americans had named "Chargogogomanchaugagochaubunagungamaug." This daunting appellation is said to translate roughly as "You fish on that side, we'll fish on this side, and nobody will fish in the middle."

THOUGHT FOR THE DAY

"If what you are telling is true, you don't have to choose your words so carefully." -- Frank A. Clark

From page 1B

Zonta's 'Peek'

used. Unusual for a 1970s home, it boasts a vaulted ceiling. The cedar accent wall is the perfect backdrop for Hicks' art collection, including work by her father, an artist and architect. On all but the coldest days, she can take her morning coffee to a table at poolside, where a riot of color – literally hundreds of bromeliads and orchids – raises faces to the sun. The wrap-around porch holds more plants, colorful furnishings and whimsical objects collected over the years.

Hicks' principal influences are Native American art and objects from countries such as Guatemala, including carvings, fabrics and pottery. She decorates with an artist's eye, and rich colors bring this home to vibrant life.

The sponsor is Gulf Breeze Cottages.

Tickets for the tour are sold out, but a few seats remain on the first-time VIP tour: send an email to ZontaVipTour@gmail.com. To support Zonta's cause in other ways, visit www.zontasancap.com.

The Zonta Club of Sanibel-Captiva is a service organization of professional women working together to provide hands-on assistance, advocacy and funds to empower women on the islands, in Lee County and around the world. Proceeds from the Peek are distributed in grants to local organizations and to Zonta International. For more information, visit www.zonta.org.

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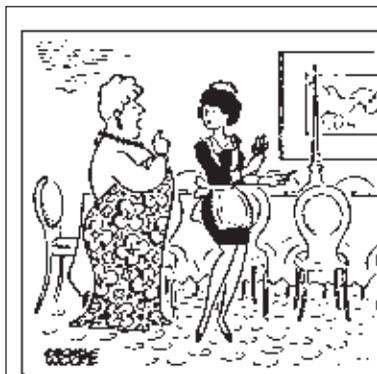
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HENRY BOLTIHOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Lamp is missing. 2. End table is different. 3. Tail is shorter. 4. Leash is missing. 5. Picture is missing. 6. Hair is different.



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Remote

STANDIT

Poise

CREAG

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TODAY'S WORD

answer on page 29B

9				6		1		
		2		5	4		3	
	8		9					7
	1	6			8			2
		9		2			7	
7			3			4		
8				4			1	
	4				9	6	5	
		5	6					8

SUDOKU

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 27B

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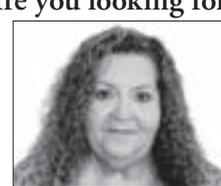
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 OCEANWATER UINTA
 GTS BONE WOKARI
 GAS COT COOKIFMON
 ETAL DEHORN WINC
 RENE AMIBLUEA
 FLAIR AIRSAC
 EDITINGPENCILLAT
 LUCIANO ROKALLA
 ORES STAID DENIMJ
 ASTI UNO OIS
 OFT SHOT FORGETME
 GLOOMYGUS ASHAIL
 DARN DEMOCRATICST
 EMME RENDS LACEON
 N FSS ASSAI SMUTIN

KING CROSSWORD

COIF LAC ASHY
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 CLAD BUR TROD
 PILE ASI AGOG
 USER RAN PONY

MAGIC MAZE

REMOVE LETTERS TO FIND A STATE

SUDOKU

9	5	3	2	6	7	1	8	4
1	7	2	8	5	4	9	3	6
6	8	4	9	3	1	5	2	7
5	1	6	4	7	8	3	9	2
4	3	9	1	2	6	8	7	5
7	2	8	3	9	5	4	6	1
8	6	7	5	4	3	2	1	9
2	4	1	7	8	9	6	5	3
3	9	5	6	1	2	7	4	8

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327ci/300hp engine and automatic transmission \$16,000, contact info: svan8853@gmail.com / 904-515-4563
*NS 2/5 CC 2/12

BMW X3 SUV 2013
Absolute pristine condition. Like it just came out of the showroom. 30,500 miles. Alpine White with black leather interior. Loads of costly options including BMW hitch for a bike rack. \$29,850. Still under full BMW warranty. Ron at ronjland@aol.com
*NS 1/29 CC 2/5

GOLF CART FOR SALE

Street legal, "gas" powered. \$6,500. 239-209-6500
*RS 1/22 BM TFN

FOR SALE

CEMETERY LOT
Cemetery Lots Memorial Gardens Fort Myers two exquisite lots in Meditation gardens lot 37 space 1 and 2 value \$7,995 each, Make offer 239-334-3900.
*NS 1/29 CC 2/5

GARAGE • MOVING • YARD SALES

GARAGE SALE
Fri. Feb 5 & Sat. Feb 6
1602 Sabal Sands Road, off Casa Ybel Furniture, Electric Fishing Motor, Ice Machine, Small Appliances, Tools, Assorted Items.
*NS 2/5 CC 2/5

DESIGNER'S GARAGE SALE
Sat. Feb. 6, 8:00 am - ?
601 Periwinkle Way, Sanibel. Corner of Captain's Walk and Periwinkle on the East End. Antiques, Furniture, fixtures, glass vessel sinks, artwork and more.
*NS 2/5 CC 2/5

ANNUAL YARD SALE
The Children's Education Center of the Islands is holding its annual YARD SALE on Sat., Feb. 6 from 8 a.m. to 12 p.m. This huge, multi-family sale will feature many gently-loved items, including: children's and adult's clothing, toys, bicycles, books, furniture, strollers and baby gear, and goodies for grown-ups.
350 Casa Ybel Road
*NS 2/5 NC 2/5

SCRAMBLERS

solution
1. Distant; 2. Grace;
3. Plain; 4. Kindle
Today's Word
TALKING

LIVE ON THE ISLANDS

The Jacaranda has live entertainment Friday and Saturday with Renata, playing funk, jazz and contemporary. Sunday is CJ and Friends, playing oldies, Motown, rock 'n' roll and country. Renata plays funk, jazz and contemporary on Monday. On Tuesday, it's Sir Mitch, playing classic rock, R&B and dance. Wednesday is Barbara Dexter, playing contemporary, oldies and current hits. Thursday is Eric Malibu, playing contemporary, reggae and dance.
The Mucky Duck on Andy Rosse Lane, Captiva features music by Gary Earle on Thursday and Friday. Gene Federico plays on Saturday. Gary Earle plays Sunday; Mark Dupuy plays on Monday; Perry English plays on Tuesday; and Gene Federico plays on Wednesday.
Sea Breeze Café at Sundial Beach Resort & Spa has live island style entertainment on Mondays and a Spanish guitarist on Wednesdays.
Traditions on the Beach at Island Inn has live entertainment Friday and Saturday with Joe McCormick on piano and Marvilla Marzan on vocals. On Sunday, Dusk Duo plays classic pop and rock plus '40s and '50s style jazz. The "Jersey Kid" Mike Arnone performs on Monday, playing everything from Billy Joel to Motown to The Rat Pack. On Fat Tuesday, it's jazz with Bob McGinnis, Woody Brubaker, Bob Leary, Car McVickers, Joey Dio and Joe McCormick. On Wednesday, Woody Brubaker and Barbara Smith perform. On Thursday, it's Joe McCormick and Marvilla Marzan.
Il Cielo has live entertainment with Scott McDonald on Thursday, Friday and Saturday.
The Island Cow on Periwinkle Way has live entertainment on Friday with Gene Federico. Jay Helt plays on Saturday. Dan Confrey plays on Sunday.
RC Otter's on Andy Rosse Lane, Captiva, has live music daily with dining inside and out.
Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299. ✪

Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Captiva Beach	Captiva	2003	14,414	\$16,500,000	\$16,300,000	598
Bonita Beach	Bonita Springs	2016	4,757	\$5,800,000	\$5,800,000	0
Palmetto Point	Fort Myers	2015	4,272	\$2,895,000	\$2,800,000	124
Cases	Fort Myers Beach	1990	4,422	\$2,600,000	\$2,400,000	391
Twin Palm Estates	Fort Myers	2006	6,295	\$2,195,000	\$2,100,000	745
Orchid Ridge	Bonita Springs	2003	4,512	\$1,850,000	\$1,750,000	92
Metes And Bounds	Captiva	1992	5,000	\$1,990,000	\$1,700,000	154
Orchid Ridge	Bonita Springs	2002	4,222	\$1,550,000	\$1,400,000	97
Bayview Acres	St. James City	2006	3,503	\$1,185,000	\$1,025,000	43
Venetian Gardens	Fort Myers Beach	1964	1,891	\$1,075,000	\$987,500	31

Courtesy of Royal Shell Real Estate

Pets Of The Week

Hello, my name is Tonka I'm a 1-year-old fawn and white male pit bull terrier. No, I'm not a Tonka truck, I'm a Tonka dog, and I'm even more fun to play with than the truck. I'm young, lovable, goofy, comical and a little awkward. The list of things I love is long because I live in the moment. Happy-go-lucky and fancy free, that's me. I've had a blast in the doggie playgroups here at the shelter. I love to explore and enjoy taking a dip in the pools.

My adoption fee is \$40 (regularly \$75) during Animal Services My Furry Valentine Adoption Promo

Hi, my name is Holly. I am a 1 1/2-year-old calico spayed female domestic short hair. I'm a most entertaining little cat! I love to climb and play, so be sure to get me a cat tree. I'm also affectionate and very friendly, so I could also be the best companion you ever had. My adoption fee is \$50.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.✪



Tonka ID# 650609



Holly ID# 647467

PAWS Of Sanibel

Causeway Kitten

Yaaaay! I've been rescued! I'm over at the vet in Fort Myers. I can't say that I'm very happy at the moment. I had to have shots and surgery, and nobody likes that. I'm recuperating and hope to be out of here in a few days. I'll be going to a foster home for a week or two until I'm back to normal, and then I get to be reunited with my mom, Noel - Island Girl. I sure hope she remembers me, I haven't seen her in over a month. I really hope it will be a happy reunion.

It would be really great for some nice family to adopt us. I will keep my toes crossed that it will happen. If you want to come meet me and my mom, call Pam at PAWS, 472-4823 and schedule an appointment.

P.S. I was so frightened when I was in the cage that I banged up my face a bit. The doc says it will heal up in no time.✪



CK, Causeway Kitten

Sonny And Cher

This is Sonny and Cher. They were captured a few months ago between the Lantana Condominium and Sunset Beach Resort. They were about 12 weeks old at that time. Their mother, Lana, and brother, Tanner, were both adopted. These two were not ready for adoption at that time and needed some socialization, which, thanks to their foster dad, Gareth, they received and passed with flying colors. They come to him to be petted, they sleep with him and they get along well with his own two cats.



Sonny and Cher

Now it's time to find them a forever home. If you can provide a home for one or, preferably, both of these kitties, contact Pam at PAWS, 472-4823.✪

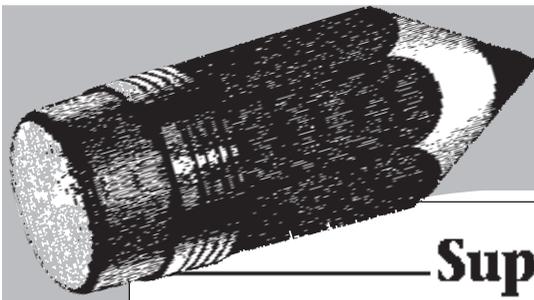
Island Sun

NEWSPAPER
Sanibel & Captiva Islands

CALLING CARD 239-395-1213

Emergency	911
Sanibel Police	472-3111
Lee County Sheriff's Office	477-1200
On Call Captiva Deputy	477-1000
Fire Department - Sanibel	472-5525
Fire Department - Captiva	472-9494
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
Chamber of Commerce	472-1080
City of Sanibel	472-4135
Administrative Office	472-3700
Building Department	472-4555
Planning Department	472-4136
Library - Sanibel	472-2483
Library - Captiva	239-533-4890
Post Office - Sanibel	472-1573
Post Office - Sanibel (toll free)	800-275-8777
Post Office - Captiva	472-1674
Sanibel Community Association	472-2155
Center 4 Life - Senior Center	472-5743
ARTS	
Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
BIG ARTS - Barrier Island Group for the Arts	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	472-6197
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
The Herb Strauss Schoolhouse Theater	472-6862
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	sancapart.com
SW Florida Symphony	418-0996
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc.	565-7872 or 433-7798
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon Society	472-3744
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
CROW - Clinic For The Rehabilitation of Wildlife	472-3644
FISH of Sanibel - Friends in Service Here	472-4775
Sanibel Island Fishing Club	472-8994
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
Master Gardeners of the Islands	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS	472-4823
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus	395-1202
Sanibel-Captiva Shell Club	395-1770
Sanibel Youth Soccer	www.sanibelsoccer.org 395-2040
United Way of Lee County	433-2000
United Way 211 Helpline 24 hour	211 or 433-3900
Zonta Club	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews National Shell Museum	395-2233
JN "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
SCCF Sanibel-Captiva Conservation Foundation	472-2329

To be listed in calling card email your information to:
press@islandsunnews.com



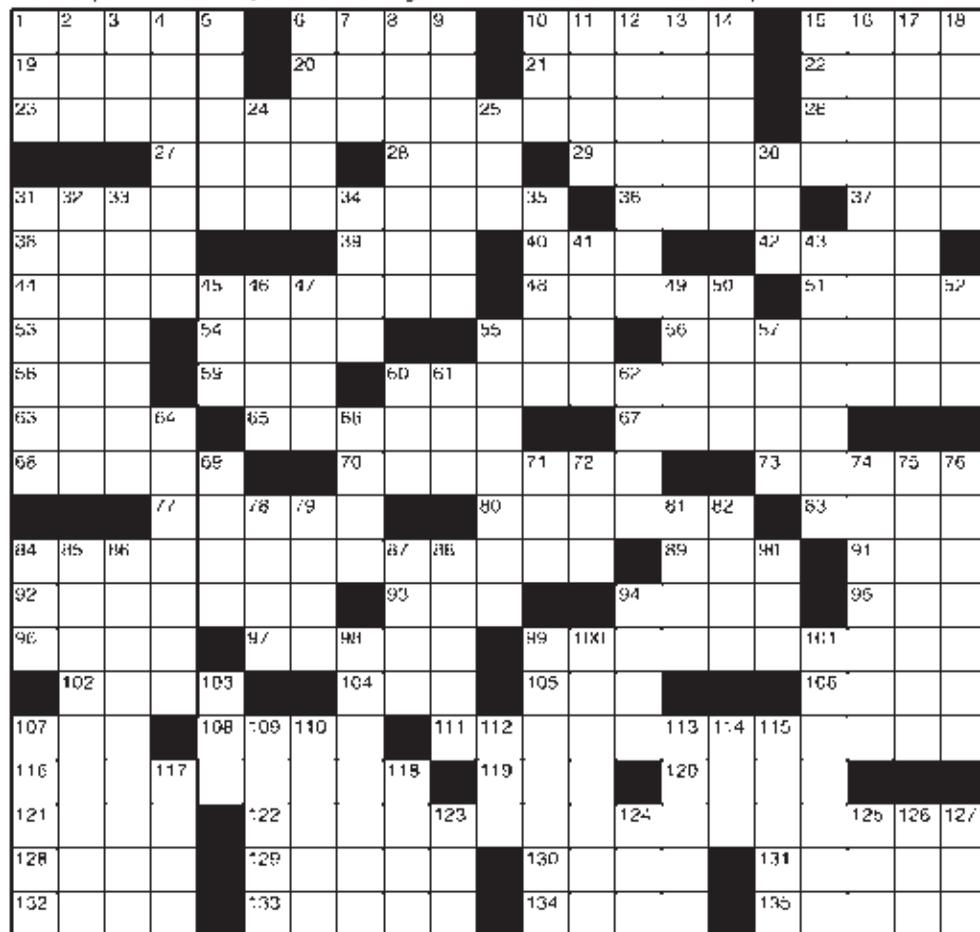
BEACH CHAIR PASTIME

answers on page 27B

Super Crossword

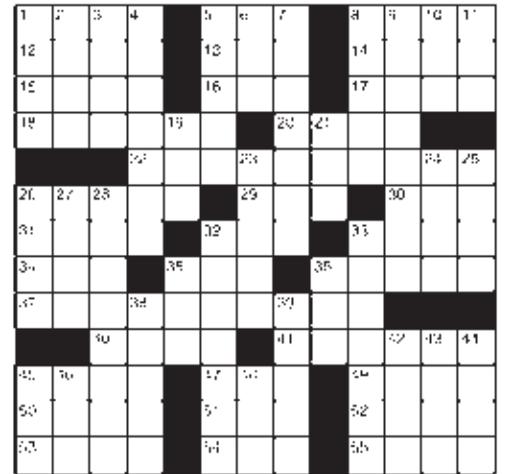
SHADY QUESTION

- ACROSS**
- 1 High-school balls
 - 6 Give backup
 - 10 See 90-Down
 - 15 Rip - (thefts)
 - 19 Andrea — (lost ship)
 - 20 Disappearing Asian sea
 - 21 Living space
 - 22 Poet Whitman
 - 23 Award for the lap spot
 - 26 Big West; org.
 - 27 Caulk, e.g.
 - 28 Clumsy type
 - 29 Thing laid by a redbreast
 - 31 Facilitator of stargazing
 - 36 Game akin to bingo
 - 37 Lit. writers' alterthoughts
 - 38 Little chaps
 - 39 Suffix with Carian
 - 40 Run up a tab
 - 42 "Shoot"
 - 44 Atlantic or Pacific fill
 - 48 Utah range
 - 51 Street brawl
 - 53 Fast, two-door autos
 - 54 Fibula, e.g.
 - 55 Thai pan
 - 56 Writer Huffington
 - 58 Oxygen, e.g.
 - 59 Portable bed
 - 60 Muppet with a major sweet tooth
 - 63 And others, in a list
 - 65 Make less dangerous, as a bull
 - 67 Cranked ho string device
 - 68 Zellweger or Adorée
 - 70 Apt question concerning
 - 73 Patronage
 - 77 Knack
 - 80 Lung compartment
 - 83 Freeway rig
 - 84 Proofer's marking tool
 - 89 Brutus' leg
 - 91 Capitol VIP
 - 92 Opera great Pavarotti
 - 93 Sexu' soldier
 - 94 In the style of, an Italian menu
 - 95 Pericles' T
 - 96 Mine outputs
 - 97 Daily sedate
 - 99 Leccs, e.g.
 - 100 Spumante
 - 104 Game with Skip cards
 - 105 "— for Outlaw" (Sue Grafton book)
 - 106 Old sitcom boy taylor
 - 107 Frequently, in sonnets
 - 108 Kapul
 - 111 Flowers symbolizing constancy
 - 116 Habitually sullen sort
 - 119 Fire waste
 - 120 Afflicts
 - 121 "Rats"
 - 122 New York and Hawaii, election-wise
 - 128 Mode who hosted Fox's "More to Love"
 - 129 Rips to his
 - 130 Snoozing
 - 131 Folklore fiends
 - 132 1-man Eliot
 - 133 Very, to Chopin
 - 134 Unclean stuff
 - 135 Bête — (bugbear)
 - DOWN**
 - 1 13-Down filename extensor
 - 2 King, in Paris
 - 3 NHLer Bobby
 - 4 Beauty pageant; since 1952
 - 5 Filled 'ully
 - 6 Berry of film
 - 7 Timeline part
 - 8 Crocodile- logo shirt brand
 - 9 Gratifying one
 - 10 Month after avril
 - 11 Shortened form of a wd.
 - 12 Neighbor of Jersey City
 - 13 Producer of Acrobat
 - 14 Bolshevik lounge
 - 15 Dominatos
 - 16 Mug decorating stuff?
 - 17 Flat paving slab
 - 18 Docs' mates
 - 24 Good bud
 - 25 D.C.'s — Stadium
 - 30 Artis' votes
 - 31 Obstructing object
 - 32 Produce mother's milk
 - 33 Many a Ukrainian
 - 34 Location
 - 35 Tense question after an accident
 - 41 User-revised Web site
 - 43 Pitcups, e.g.
 - 45 Network for Jimmy Fallon
 - 46 Balsa, say
 - 47 Initial stake
 - 49 Novelist Hoag
 - 50 Presley's middle name
 - 52 Paving stuff
 - 55 Recouped
 - 57 O'n Andear
 - 60 Oct-
 - 61 "— goes, — go!"
 - 62 Rams' mates
 - 64 Liberal-leaning
 - 66 Lyric relative
 - 69 Kazar of filmmaking
 - 71 52, to flav us
 - 72 Hal-inked address
 - 74 Ruthless organization
 - 75 "No joke!"
 - 76 Commonly congested cavities
 - 78 Sothem and Romney
 - 79 "— Rhythm"
 - 81 "Fur case"
 - 82 Tranquil
 - 84 "Xanadu" rock gp.
 - 85 Brand of packaged line toys
 - 86 Events with freezing rain
 - 87 Isle of poetry
 - 88 — approva ("yes" signa)
 - 90 With 10-Across, Agra attraction
 - 94 "As I Lay Dying" husband
 - 98 They follow summers
 - 99 Back ins
 - 100 Four hours before noon
 - 101 In the very distant past
 - 103 Ology
 - 107 Pool Nash
 - 109 Serpent slain by Hercules
 - 110 Arch types
 - 112 Boal trever
 - 113 "Be silent," in music
 - 114 Prel x with fit
 - 115 Rocker John
 - 117 Waller wad
 - 118 Sprits, e.g.
 - 123 "— Miami"
 - 124 Hosp. area
 - 125 Part of TNT
 - 126 Pocket fail?
 - 127 Compass dir



King Crossword

- ACROSS**
- 1 Hairstyle
 - 5 Ford du Wisc.
 - 8 Wan
 - 12 P tch
 - 13 Bachelor's last words
 - 14 Old portico
 - 15 Largest continent
 - 16 — canto
 - 17 Get ready, for short
 - 18 Catch sight of
 - 20 Lye layer
 - 22 West Virginia industry
 - 26 — nerve
 - 29 Japanese sash
 - 30 Sticky stuff
 - 31 Frog's cousin
 - 32 Pair
 - 33 Timely question?
 - 34 Unwell
 - 35 Miler
 - 36 Name
 - 37 "Kiss Me Kate" composer
 - 40 Up to
 - 41 Discomfort
 - 45 Dressed
 - 47 Botanica
 - 49 Wa ked (on)
 - 50 Heap
 - 51 "— was saying, ..."
 - 52 Enthralled
 - 53 PC operator
 - 54 Scoted
 - 55 Shelland, e.g.
 - 5 Egypt's neighbor
 - 6 Citric quaff
 - 7 Rumples sleuth of TV
 - 8 Colorado ski mecca
 - 9 Poker-win ming hair
 - 10 Weeding tool
 - 11 Shill bark
 - 19 Sirbad's fier
 - 21 Half of XIV
 - 23 Depress
 - 24 Yule refrain
 - 25 Missing
 - 26 Ear related
 - 27 Horse-play?
 - 28 Yarn
 - 32 Strip of cons
 - 33 Rug
 - 35 Sgt.'s subordinate
 - 36 Coffee break time
 - 38 Duck down
 - 39 Shroud city
 - 42 Jason's ship
 - 43 Any day now
 - 44 Nervous
 - 45 PC's brain
 - 46 F eur-de-
 - 48 Born in the —
- DOWN**
- 1 N'Djamena's country
 - 2 Nonhampt-onshire river
 - 3 Rainbow
 - 4 Limp



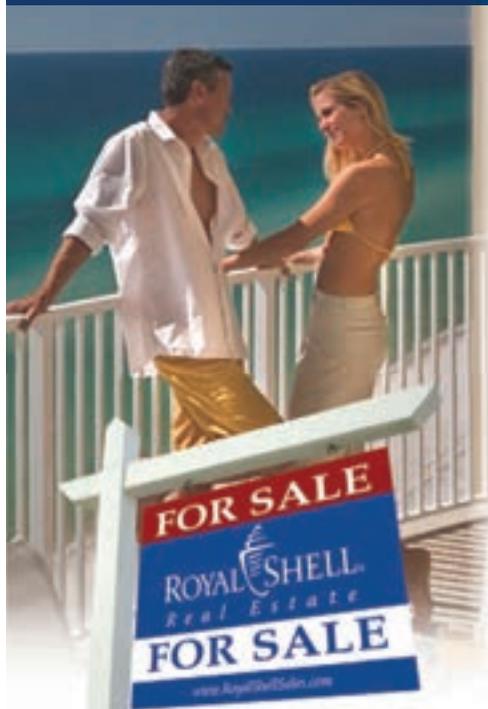
REMOVE MAGIC MAZE ● LETTERS TO FIND A STATE

I I N H L J H E C A Y W V T F N
 E R I P N I H C A E R T U O K
 I N R M T H G C N E C E I R E
 B Z O X A T S H T W R S U E V
 M S H G R R A A P A E O M G A
 A L I J E B I W W H I I G R W
 T E T D O R B N O T A T Y O O
 I X O T W U O C E L U T U R
 N S U Q P R O F N S I O L N C
 E A E N I Z A G A M K K J D I
 E N I G A M I E I C A T S U M

Find the listed words in the diagram. They run in all directions: forward, backward, up, down and diagonally.

- Autobahn
- Imagine
- Marines
- Nuthatch
- Cohesion
- Ironware
- Matinee
- Outreach
- Foregone
- Kilowatt
- Microwave
- Outwash
- Foreground
- Magazine
- Mustache

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North Carolina: Cashiers/Lake Glenville, Highlands, Sapphire/Lake Toxaway



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- Open and Bright, Totally Updated
- Gorgeous Lake Views
- Lots of Decking All Around
- **\$695,000** MLS 2151016
- **Andre Arensman 239.233.1414**

“SIDE-BY-SIDE” CAPTIVA



- Two Free Standing Homes
- Over 170 Ft. Beach Frontage
- Large Private Pool
- **\$3,998,000** MLS 2150668
- **Burns Family Team 239.464.2984**

N. RIVER ROAD – ALVA



- 40 Acre Gated Estate
- 4 Bedrooms, 6 Baths Plus Guest House
- Bordered By Preserve And Babcock Ranch
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- **McMurray & Nette 239.850.7888**

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- 152 Feet Bayou Bay Water Frontage
- Last Buildable Site All Fish & Wild Life Next Door
- Great Direct Boating Access
- **\$1,379,000** MLS 2131372
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CAPTIVA ISLAND – VILLAGE OF CAPTIVA



- Least Expensive Single Family Home On Captiva
- Charming 3 BR, 2 BA w/Pool, Cottage Feel
- Great Location In The Heart Of The Village
- **\$1,089,000** MLS 2150825
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- 2 BR, 2.5 BA “Turn-key”
- Desirable Sunset Captiva
- Steps to Beach, Restaurants and Shopping
- **\$879,000** MLS 2150391
- **John & Denice Beggs 239.357.5500**

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- Sunsets From Your Screened Lanai
- Close to Shopping, Dining, and Captiva Village
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- Private Location With Spectacular Views
- Elevator, Impact Windows, Gorgeous Kitchen Area
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- Live or Build – Up to 24,000 S.F.
- Deeded Beach Access Across the Street
- 2,000 S.F., 2 BR + Den Home + Pool
- **\$2,200,000** MLS 2150689
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LAND’S END VILLA 1641 AT SOUTH SEAS



- Large 2 Bedrooms, 2 Bathrooms
- Direct Views Of The Gulf Of Mexico
- Quiet Cul De Sac Location
- **\$1,350,000** MLS 2160001
- **Fred Newman & Vicki Panico 239.826.2704**

BEACHVIEW ESTATES



NEW PRICE

- Meticulously Maintained 3 BR, 2.5 BA Plus Den
- Updated Kitchen And Master Bath, Hardwood Flooring
- Tranquil Views Of The Sanibel River
- **\$924,000** MLS 2151119
- **Cindy Sitton 239.810.4772**

OLD FLORIDA STYLE GEM



- Beautiful Landscaping, 3 BR, 2 BA, Furnished
- See Virtual Tour – <http://royalshell.me/HideawayCt>
- Short Walk To The Beach
- **\$849,000** MLS 2160032
- **The Radigan Team 239.691.6240**

SEA PINES



- Inviting 3 BR, 3 BA Townhome In Sea Pines
- Very Close To Beach With Views Of Sanibel River
- Home Owners Fees Waived Thru 2018
- **\$559,000** MLS 2151194
- **Sarah Ashton 239.691.4915**

ROOSEVELT CHANNEL



NEW PRICE

- 2 Single Family Wolter Group Homes
- 1.5 Acres of Land on the Channel
- 2 Separate Swimming Pools & Docks w/Lifts
- **\$3,750,000** MLS 2151050
- **Burns Family Team 239.464.2984**

VILLA ELENA



- 4 BR, 3 BA, Mediterranean Inspired Home
- Beach Access, Dock Available, Pool
- Updated Interior, Excellent Rental Income
- **\$1,795,000** MLS 2150658
- **Burns Family Team 239.464.2984**

SURFSIDE 12, UNIT B3



- Stunning 3 BR, 2 BA Penthouse Condo
- Spectacular Views Of The Gulf Of Mexico
- Meticulously Remodeled
- **\$1,249,000** MLS 2151116
- **Cindy Sitton 239.810.4772**

CATALPA COVE – BOATER’S DREAM



- 4 BR, 3.5 BA Lakefront, 2 Boat Docks
- Very Private Location on 2 Lots
- Den, Living Room, Family Room, Pool
- **\$899,000** MLS 2150430
- **Jason Lomano 239.470.8628**

EAST ROCKS



- 3 BR, 2 BA Near Beach Home
- Open Floor Plan With Updated Kitchen
- Screen Enclosed Pool & Deck
- **\$788,000** MLS 2160002
- **Burns Family Team 239.464.2984**

BEACHVIEW ESTATES



NEW LISTING

- Walking Distance To The Beach 0.3 Miles
- Western Rear Exposure
- Great Golf Course Views
- **\$349,000** MLS 2160072
- **John Tolisano 239.410.9059**